



PRESS RELEASE

## BALINESE ADVENTURES FOR ACTIVE COUPLES AT BANYAN TREE UNGASAN



*Banyan Tree Ungasan offers thrill-seeking holiday makers an exciting range of action-packed activities, from volcano visits, water sports adventures and culinary classes. Pair these offerings with a relaxing spa experience for a holistically adventurous holiday.*

**Indonesia – April 2016:** Bali is the ideal destination for guests seeking a memorable holiday filled with one-of-a-kind experiences. This spiritual island is teeming with cultural diversity, rich landscapes and stunning seascapes; combined with a local culinary tradition bursting with the fresh flavors of nature; and warm, hospitable people. **Banyan Tree Ungasan** is the perfect base to discover the magic of Bali where action, relaxation and privacy are complemented by the service and comfort for which Banyan Tree is renowned.

### **Surfing Bali-style**

An island retreat is not complete without experiencing the sea. Bali is renowned as one of the best surf spots in the world and surfing classes for all levels can be arranged by the resort. Unparalleled views of the Indian Ocean, best enjoyed from the resort's beach offers guests the perfect motivation to practice their new found skill. For some inspiration, the island's best surfers can be observed from the rocks at nearby Uluwatu.

### **A Volcano Climb**

A three hour drive from Banyan Tree Ungasan brings guests to the site of local volcanoes Gunung Agung and Mount Batur. Guests can opt to view the volcanoes from afar or hike to an ascent of 1,717 meters. From the village of Toya Bunkah, the average climb takes between two to three hours. Thrill seekers are recommended to start the climb at dawn to experience a spectacular view of the sunrise from the peak, as well as the impressive views of Batur Lake, over the lava fields.

### **Cook like a local**

Balinese cuisine is inspired by vibrant spices such as chilli, garlic, ginger, turmeric and cardomom. In a hands-on cooking class at the resort, couples are initiated into the secrets of Balinese cuisine. Beginning with a visit to the nearby Pasar Kedonganan, guests can take in the sights, sounds and smells of a local market and learn about choosing and buying local produce. Back at the resort, guests are taught secret cooking techniques of Indonesian cuisine, under the guidance of the resort chefs. Step by step, the participants learn how traditional dishes, such as Sate Lilit (minced Chicken satay skewer), Lawar kacang (long bean salad) and Dadar Gulung (Coconut pancakes) are prepared. A delicious feast follows the class for guests to enjoy their creations.

### **Relax and unwind**

After an active day, guests can choose to pamper themselves at the award-winning **Banyan Tree Spa Ungasan**. With treatments using exfoliating and moisturising products developed using indigenous Balinese plants; inspired by traditional Indonesian techniques, couples can benefit from enhanced energy flow and a rejuvenated spirit.

### **Wine and Dine**

After a busy day, guests have a variety of dining options to choose from at the resort. *Bambu* offers local Indonesian dishes and international fare. *Tamarind* specializes in healthy cuisine and serves a range of organic food and herbal drinks. The poolside bar offers all-day light snacks, drinks and cocktails. Guests can enjoy an evening under the stars at the award-winning *Ju-Ma-Na* bar and restaurant, as they sip a favourite cocktail overlooking the Indian Ocean before a sumptuous dining experience begins.

Enjoy complimentary nights with the **Balinese Retreat offer** at Banyan Tree Ungasan. Terms & conditions apply.

For reservations and enquiries, please contact +62 361 300 7000 or email [ungasan@banyantree.com](mailto:ungasan@banyantree.com). For more information visit [www.banyantree.com](http://www.banyantree.com)

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### **About Banyan Tree Hotels & Resorts**

The leading international operator in the premium resort, residences and spa industry, Banyan Tree offers a signature blend of romance and travel with a green conscience. The philosophy behind the hotels, resorts and spas is based on rejuvenation of the body, mind and soul – a Sanctuary for the Senses. To date, the Banyan Tree Group manages and/or has ownership interests in over 30 resorts and hotels, more than 70 spas, 90 retail galleries; plus three golf courses.

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