



BANYAN TREE
TAMOUDA BAY

SPA

BROCHURE



Sanctuary For The Senses

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment.

Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

Enjoy the difference.



Take a moment to read

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed in the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time for refreshment and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff take no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and alcohol consumption are prohibited in the spa. An essential oil is set to improve the odor in the outlet, while fresh organic refreshments are served for the guest per treatment.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, remaining subject to space and therapist availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show". Cancellation of appointment can be communicated via phone, email, or directly at the spa.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilized at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have.

Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.





BANYAN



SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal..

Royal Banyan

150-minute treatment

A well-appreciated treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath



Sense of Place - Moroccan Banyan

150-minute treatment

Relax as rich black soap is applied on your body before a calming steam bath prepares the skin for the exfoliating body scrub that follows to soften and purify your skin. Surrender yourself to the intuitive touch of your professional therapist and drift into a state of bliss with a detoxifying body massage using Argan Oil, before a soothing mud wrap and application of body lotion completes this indulgent experience.

Steam Bath • Black Soap • Cleansing Mitt Exfoliator • Moroccan Massage • Rhassoul Mud Restorer • Body Lotion



Tropical Rainforest

120-minute treatment

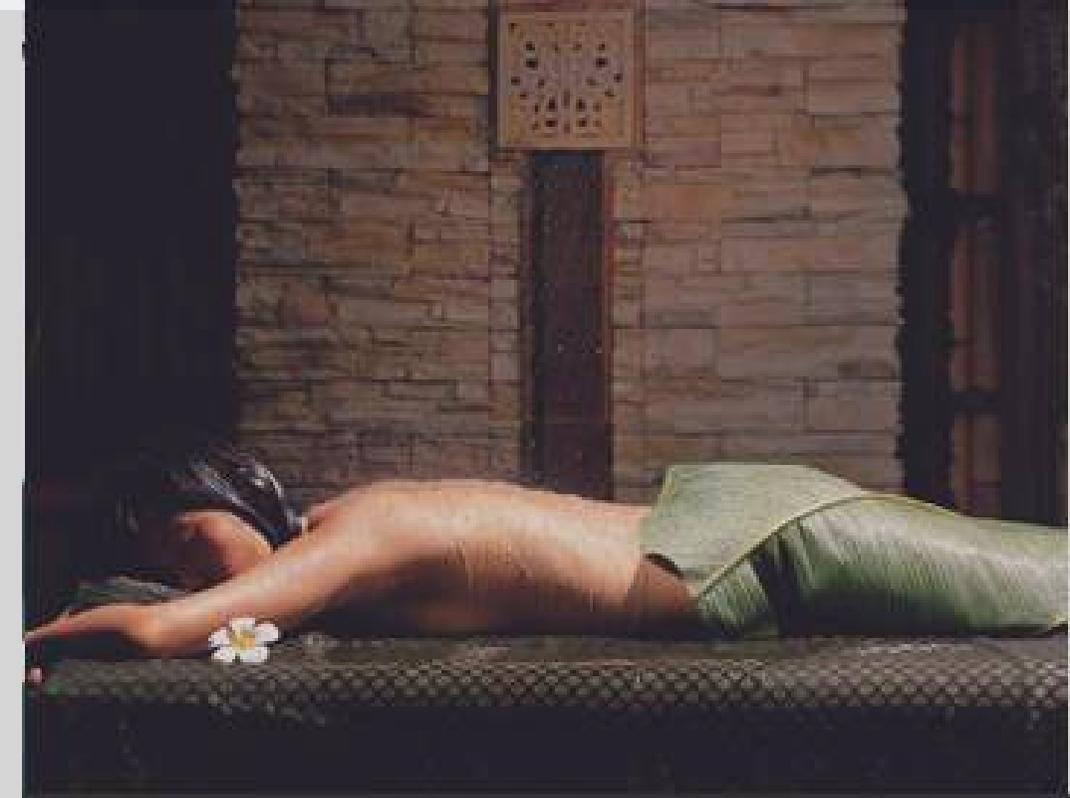
Widely known as Banyan Tree Spa's innovation, unwind in the sensory pleasures of the trickling Rain Shower. An invigorating body scrub purifies before the skin is boosted with extra moisture. This experience brings you perfect tranquility as tension is kneaded away by the therapeutic touch of the therapist.

Choice of Massages • Bath Soak • Steam Bath • Rain Shower • Cleansing Mitt Scrub
• Rain Shower • Honey Milk Nourisher • Rain Shower with Hair Wash

Master Therapist Experience

90-minute treatment

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.



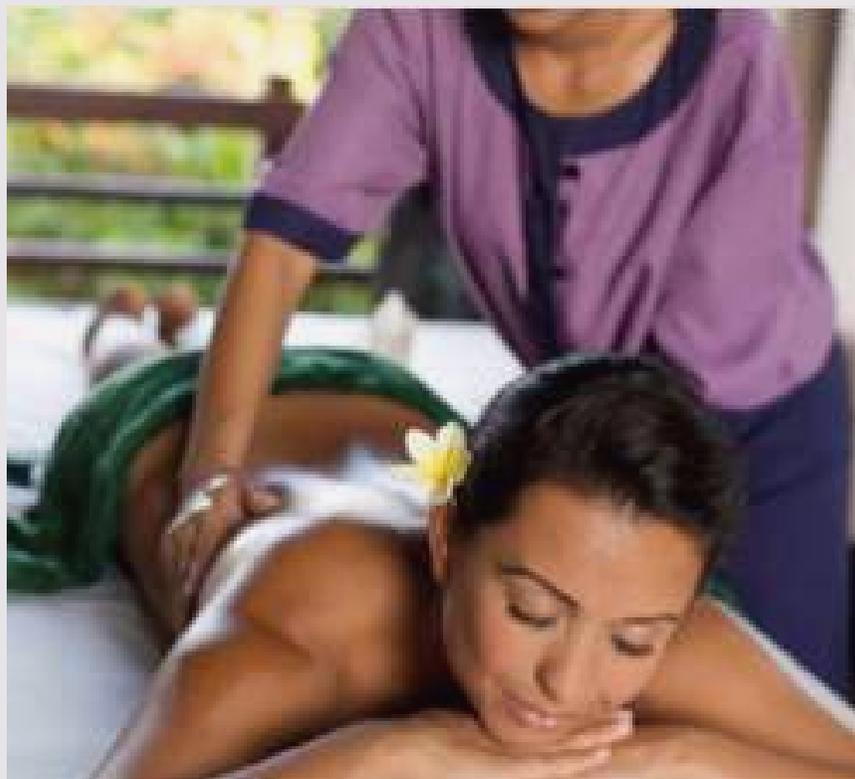


TIME-HONOURED



TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.



Chinese Traditions

90-minute treatment

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage



Indian Traditions

90-minute treatment

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara •
Lepanam • Steam Bath



Indonesian Traditions

120-minute treatment

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash •
Fresh Milk Nourisher • Jamu Bath



Thai Traditions

120-minute treatment

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal
Enhancer • Thai Classic Massage • Aromatic Ginger Bath



MOROCCAN



TRADITIONS

Inspired by ancient healing traditions passed down from generation to generation, MoroccanTraditions features a selection of classic therapies specially tailored for the ladies and gentlemen.



Royal MarocMaroc

90-minute treatment

Indulge in this signature Moroccan treat that begins with a nourishing hair mask in a private steam bath. Emerge with cleansed and smooth skin as rich black soap is applied on your body to prepare the skin for an exfoliating Argan Oil body scrub followed by a relaxing facial. Awaken your senses with the therapeutic body stretching session using an orange extract gel. The facial lifting massage will improve skin elasticity for a radiant glow.

Hair Mask • Steam Bath • Black Soap Exfoliator • MarocMaroc Purifier • MarocMaroc Face Cleanser • MarocMaroc Body Stretching • Hair Wash • MarocMaroc Facial Lifting Massage

MarocMaroc Essentials

60-minute treatment

This revitalizing Moroccan treatment features a cleansing black soap to soften the skin followed by an exfoliating body scrub rich in Argan Oil and a relaxing facial. A gentle body stretching and stimulating back massage complete the spa experience.

Steam Bath • Black Soap Exfoliator • MarocMaroc Purifier • MarocMaroc Face Cleanser • MarocMaroc Body Stretching • Hair Wash • Stimulating Back Massage



Banyan Moroccan Exfoliator

60-minute treatment

A traditional Moroccan beauty remedy which begins with black soap to prepare the body for the exfoliation that follows. Dead skin cells are sloughed off, unveiling perfectly purified skin. This is followed by Ghassoul Purifier which is found exclusively in Morocco.

Herbal Steam • Black Soap Exfoliator • Ghassoul Purifier • Hair Wash • Head Massage • Wash Off

Moroccan Cleanser

30-minute treatment

This is a classic body scrub infused with traditional Moroccan black soap as exfoliation agents. Dead skin cells are thoroughly cleansed before the buttery paste moisturizes the skin with its high level of Vitamin E.

Herbal Steam • Black Soap Exfoliator • Wash Off



TAILORED FOR YOUR SENSES

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

90-minute treatment
120-minute treatment
150-minute treatment

*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.

For the Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

For the Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath



BODY MASSAGES

FUSION FOCUS



FULL BODY MESSAGES

90-minute treatment | 60-minute treatment

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.



Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.



Deep Tissue

A medium to strong deep pressure massage which minimizes recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.



Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.



Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.



Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

FUSION FOCUS

30-minute treatment & 45-minute treatment

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturize skin.



Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.



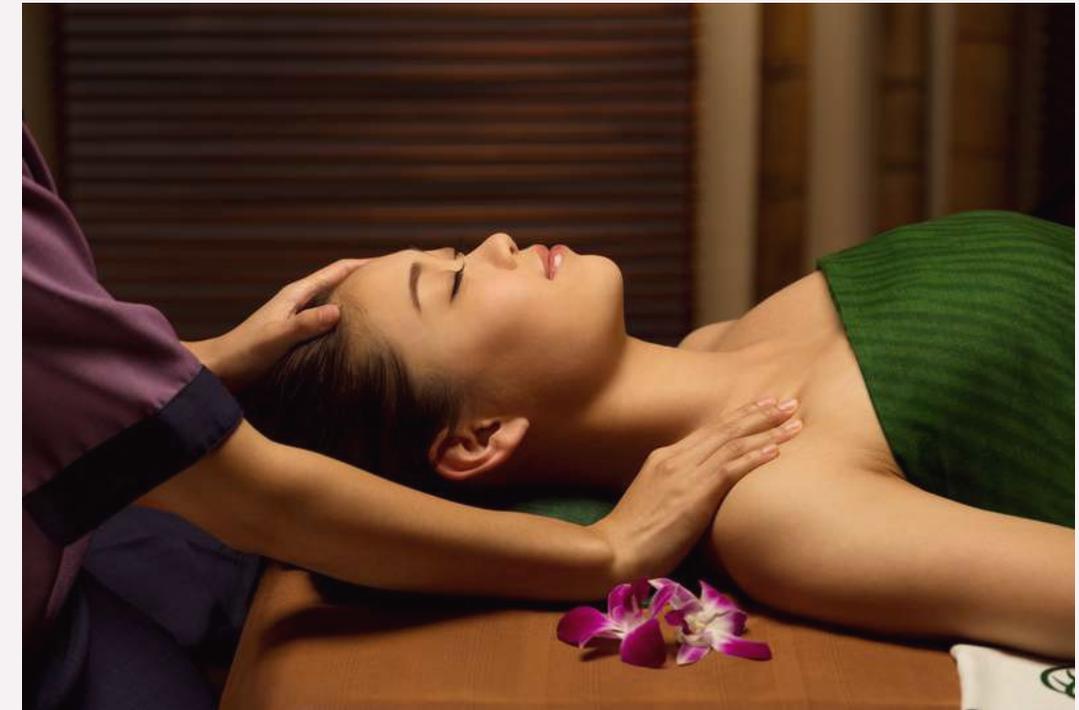
Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.



Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.



Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

A top-down view of various spa products arranged on a light-colored, textured surface. In the center, a cluster of purple orchids is the focal point. To the right, a large wooden bowl is filled with a light-colored, granular body scrub, with a wooden scoop resting inside. Below the orchids, a smaller wooden bowl contains a darker scrub. To the left, a wooden brush with natural bristles and a loofah sponge are visible. In the top left, a small pink dish holds a glass dropper with a gold cap and some white granules. At the bottom, a shallow metal tray contains a frothy, light-colored liquid. The overall aesthetic is natural and organic.

BODY SCRUBS



Apple Green Tea Polisher

For All Skin Types/Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.



Ginger Lemon Cleanser

For Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.



Kieffer Lime Refresher

For Normal/Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.



Turmeric Honey Cleanser

For All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.



BODY

CONDITIONERS



CALMING BATHS

Detoxing Bath

For all skin types/Sensitive skin

Relax your senses with a salt bath, an all-time favorite for centuries. Citrus fruits are added for extra zest.

Purifying Bath

For oily skin

Get pampered like royalty and unveil radiant, youthful skin after this moisturizing bath.

Relaxing Bath

For normal/Oily skin

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

Rejuvenating Bath

For all skin types

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

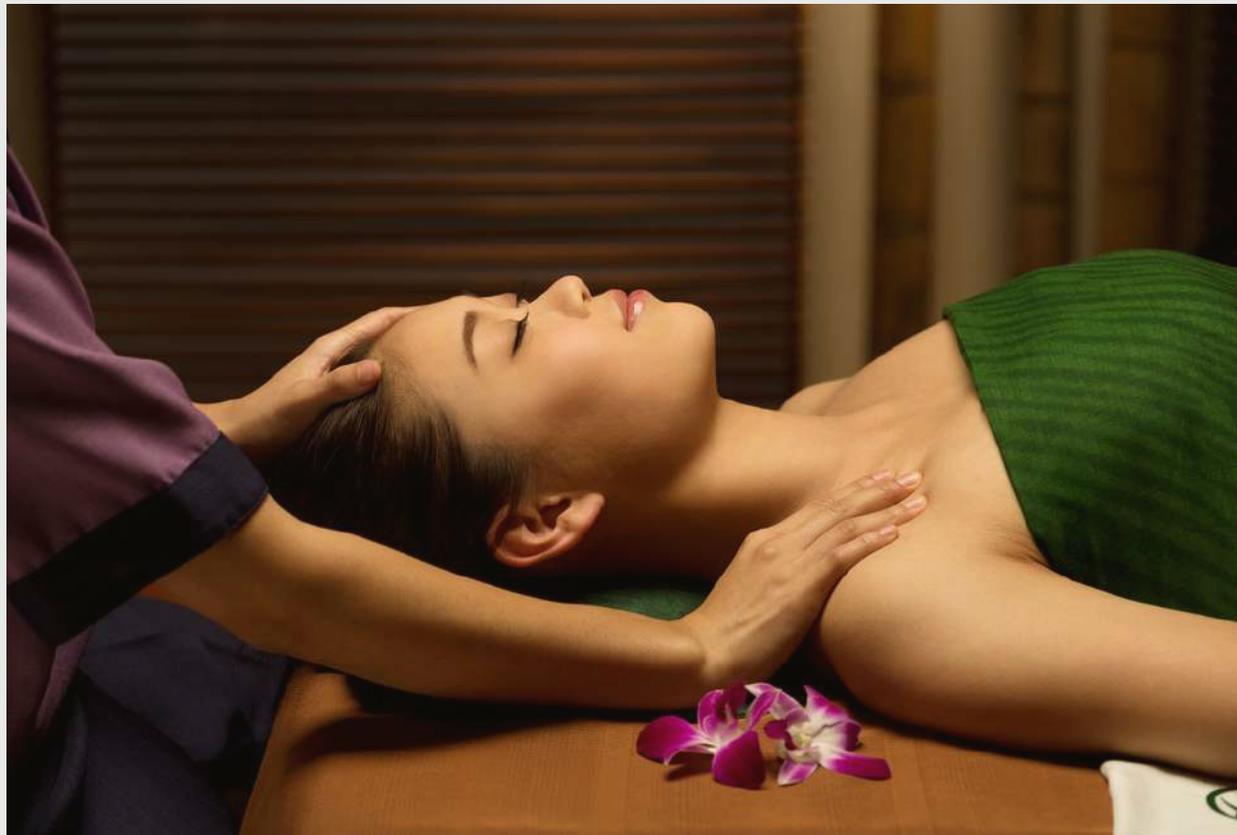
A close-up photograph of a woman lying down, receiving a facial treatment. A hand is gently resting on her forehead. The background is softly blurred, showing purple flowers. The word "FACIALS" is overlaid in white, bold, serif font on the left side of the image.

FACIALS

FACIALS

Indulge in our revitalizing facial treatment that leaves your skin glowing with refreshed vitality.

30-minute treatment



Express

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturizer to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturize

Cleansing • Massage • Mask • Moisturize

Cleansing • Scrub • Massage • Moisturize



HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.



Banyan Hand Basics

60-minute treatment

Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturizer. Nails are trimmed and shaped to your preference.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Moisturizing



Banyan Foot Basics

60-minute treatment

Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Moisturizing

THE RAINFOREST



The Rainforest

Developed and conceptualized by Banyan Tree Spa, The Rainforest is a complete hydrothermal experience combining the best of European spa and hydrothermal therapy with time honored Asian wellness philosophy to create a calming haven dedicated for holistic rejuvenation. With a trail of 7 state-of-the-art hydrothermal therapies and facilities, each designed to soothe and revitalize different parts of your body, Banyan Tree Spa presents a truly holistic and innovative wellness experience in a tropical rainforest setting.



Rain Walk

Surrender yourself to an invigorating Rain Walk and be caressed with a generous shower of warm and cool water to cleanse your body before continuing your journey of The Rainforest.

Steam

Feel your tension melt away in this aromatic steam chamber. With a high temperature, heavy perspiration is induced which in turn promotes body detoxification. Your immune system also receives a boost as circulation improves.

Herbal Steam

High humidity steam gently warms the body to stimulate blood circulation while your mind slowly relaxes in this therapeutic herbal aroma chamber.

Shower

Surrender to a soothing rain shower experience to gently cleanse and relax your body. The change in temperature closes the pores of the skin to improve its tone and clarity.

A Guide to the Rainforest

The most important rule of thermal bathing is to allow time for your body temperature to cool and normalize after using a warm hydrothermal experience. Body cooling can be accelerated by using the various showers and Vitality Pool. Please proceed through The Rainforest according to the map sequence for optimal benefits.

A period of passive relaxation on a lounge is always recommended to complete the therapeutic process. The greatest benefits are achieved when the guests adhere to these rules and guidance from your Hydrothermal Host. Guests who do not adhere to them run the risk of physiological harm.



Hamмам

A haven of rejuvenation, indulge in the quintessential Hammam experience. Inspired by traditional beauty customs, contemplate in the tranquility as you soak up the purifying and detoxifying benefits.

Heated Lounger

For a warm relaxation after an indulging Rainforest experience, rest on these heated loungers, designed to offer your body the most relaxed position, and enjoy a moment of peace and tranquility.

Vitality Pool

Water jets are used for the treatment of stress, to soothe tense muscles and improve blood circulation, working like a soft acupuncture to calm and relax the body. The Vitality Pool consists of four stations:

- Hydro Massage Jets for Upper Body
- Waterfalls for Neck & Shoulder
- Waterfalls for Head, Neck & Shoulder
- Jacuzzi

SPA & The Rainforest Experience

Banyan Tree Spa presents a fusion spa experience, combining the best of its signature spa treatments with its state-of-the-art hydrothermal facilities within The Rainforest to maximize your wellness experience.

The Rainforest (Hydrothermal Circuit)

60-minute experience

Rainforest Indulgence

150-minute experience

Begin your hydrothermal therapy with an invigorating walk through the cascading shower of the Rain Walk. Be caressed with a soothing rain shower experience to stimulate and cleanse your body, and enjoy a calming Herbal Steam Bath before detoxing in the Hammam. A coat of traditional black soap prepares the body for the exfoliation that follows. Dead skin cells are sloughed off, unveiling perfectly purified skin. Relax with the soft acupressure of the water jets in the Vitality Pool. Finally, enjoy a moment of peace and tranquility on the Heated Lounger before the indulgent experience is completed with a rejuvenating body massage of your choice.

Rain Walk • Herbal Steam Bath & Shower • Hammam • Black Soap Exfoliator & Shower • Vitality Pool & Heated Lounger • Choice of Body Massages





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