



Sanctuary for the Senses

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

Sense of Tranquility: Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Leave the cares of the world behind as you enjoy an herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.

PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan

150-minute treatment

Weekends : IDR 2,730 ++ per person

Weekdays : IDR 2,560 ++ per person

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage •
Jade Face Massage • Therapeutic Herbal Bath

Sense Of Place

120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

We have taken a unique traditional ingredient from Indonesia and transformed it into a complete range of beauty treats that will leave you feeling refreshed and rejuvenated. Our body treatments will give you a healthy glow and provide an indulging experience inspired by the Indonesian archipelago.

Drawing from the firm traditions of Indonesian therapy, our massage techniques will transport you to a place of deep relaxation. Meanwhile, our facial massage, which uses spoons made from coconut shells, will work wonders on your facial muscles. The result is a truly rejuvenating experience that will leave your face looking and feeling its best.

Avocado Conditioner & Coconut Splash • Nusantara Massage • Mini Facial

TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Indonesia Traditions

120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath

Thai Traditions

120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer •
Thai Classic Massage • Aromatic Ginger Bath

TAILORED FOR YOUR SENSES

Create your very own spa experience with favourites from a curated list of components.

Select your desired duration then mix and match with the body treats of your choice.

90-minute treatment

Weekends : IDR 1,750 ++ per person

Weekdays : IDR 1,650 ++ per person

120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

150-minute treatment

Weekends : IDR 2,730 ++ per person

Weekdays : IDR 2,560 ++ per person

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial

**For optimal relaxation and benefits, the duration of combined massages would be 90 minutes.*

FULL BODY MASSAGES

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from *Touch of Love* or *Touch of Peace* massage oil to complement your state of mind and achieve desired effects.

60-minute treatment

Weekends : IDR 1,050 ++ per person

Weekdays : IDR 935 ++ per person

90-minute treatment

Weekends : IDR 1,400 ++ per person

Weekdays : IDR 1,225 ++ per person

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

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Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

FUSION FOCUS

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

30-minute treatment

Weekends : IDR 680 ++ per person
Weekdays : IDR 600 ++ per person

45-minute treatment

Weekends : IDR 800 ++ per person
Weekdays : IDR 700 ++ per person

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

BODY SCRUBS

30-minute treatment

Weekends : IDR 620 ++ per person

Weekdays : IDR 550 ++ per person

Apple Green Tea Polisher

For All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

For Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kieffer Lime Refresher

For Normal & Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

For All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

BODY WRAPS

30-minute treatment

Weekends : IDR 620 ++ per person
Weekdays : IDR 550 ++ per person

Chrysanthemum Enhancer *For All Skin Types*

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer *For All Skin Types*

The highly moisturising honey and creamy avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kieffer Lime Mask *For All Skin Types*

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

Weekdays: Mondays to Thursdays (excluding public holidays), Weekends: Friday to Sunday (including public holidays).
Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.

FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

60-minute treatment

Weekends : IDR 1,260 ++ per person

Weekdays : IDR 1,115 ++ per person

Banyan Facial

For All Skin Types

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.

Express

30-minute treatment

Weekends : IDR 760 ++ per person

Weekdays : IDR 675 ++ per person

Create a blissful treat for your face; select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise OR Cleansing • Massage • Mask • Moisturise
OR Cleansing • Scrub • Massage • Moisturise

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Absolute Purifier

for Combination/Oily Skin

This revitalising facial restores the skin's moisture balance and regulates sebum production without drying the skin. The skin appears softer and smoother as enlarged pores are tightened.

Hydrating Glow

for Dry/Normal Skin

Dry skin is instantly hydrated with a moisturising mask. This vitamin-rich treatment keeps the skin soft and supple with a youthful glow.

Radiant Soother

for Sensitive Skin

Suitable for delicate skin, this facial provides gentle comfort and reduces irritation. The soothing mask restores the skin's moisture level, leaving the skin naturally radiant and healthy.