



BANYAN TREE SPA PHUKET



BANYAN TREE
PHUKET

Sanctuary for the Senses

Drawing on Asian traditions that date back centuries, our intimate spa rituals blends romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that has passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened, a hallmark of our award winning Banyan Tree Spa experience.

Experience a Sense of Tranquility. Calm your mind and draw in the tranquillity of your surroundings. Sit back and relax as our therapist welcomes you with a soothing foot bath. Leave your thoughts and worries behind as you enjoy a herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm time of refreshments and relaxation.

PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

30-minute Calm Time ritual for refreshments and relaxation per visit except for hand, foot and select a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.





Valuables

We recommend that no jewellery be worn on the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional treatment for any condition, medical or otherwise, that guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

SPA TREATMENTS

PURPOSEFUL MASSAGE

WEIGHTLESS THERAPY

PLANT INFUSED RESTORATIVE JOURNEY

BANYAN SIGNATURES

SENSE OF PLACE

TIME-HONOURED TRADITIONS

TAILORED FOR YOUR SENSES

FULL BODY MESSAGES

FUSION FOCUS

BODY SCRUBS

BODY CONDITIONERS

FACIALS





PURPOSEFUL MASSAGE

60-minute treatment THB 5,500

90-minute treatment THB 6,500

A new range of body works with scientific techniques and methods that promote health. Each treatment helps to alleviate modern lifestyle issues, such as lack of quality sleep, extensive work hours and living in cities.

Restorative Detox

This massage stimulates the body's circulatory system by kneading movements around the lymph nodes beneath the skin. Pressure point techniques combined with a deep and firm pressure to stimulate blood flow and promote the body's removal of waste and toxins.

Mobility Stretch

Daily stress causes chronic tension in the limbs and muscles. This therapy utilises extended stretch movement so as to ease physical strain and tension, and improve the body's mobility and flexibility. It is an ideal treatment for post-exercise recovery.

Urban relief

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reduce muscle stiffness by combining trigger points and myofascial massage techniques.

Sleep Essentials

A unique ritual that combines different evidence-based techniques and approaches to bring the mind and body to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. This experience may be extended for a longer session, to promote further relaxation.





WEIGHTLESS THERAPY

60-minute treatment THB 5,500

This is a new range of spa therapy that combines gentle floatation, calming sound therapy with body stretch and massage techniques that are performed while one is floating in water. This therapy promotes mind-body relaxation, eases muscle tension and improves functional movements.

Wave Stretch

Be lulled into deep relaxation with the rhythmic flow of water and gentle tension point massage. Ideal for those seeking a higher state of mind and body relaxation.

- 10-minute Introduction & Dynamic Warm Up
- 5-minute Bonding Meditation & Breathing Control
- 45-minute Drift Treatment

Siam Stretch

A unique treatment combining Thai massage techniques and floatation therapy. Recommended for those looking to ease overall body tension.

- 10-minute Introduction & Dynamic Warm Up
- 5-minute Meditation with Singing Bowl
- 40-minute Thai Drift treatment * 5-minute Free Float with Sound Therapy



PLANT INFUSED RESTORATIVE JOURNEY

THB 10,500 | 150-minute treatment

Include CannaBliss Booster: THB 500 additional

Experience a ceremonial journey of sounds, scents, vibrations & plant-infused wellness rituals, rejuvenating through a balancing massage and nourishing with a gentle, rhythmic facial to alleviate pain, inflammation and stress and restore clarity to the body and mind.

Exclusively curated by Sacred Body Rituals® for Banyan Tree Veya this deeply immersive spa wellbeing treatment features the highly emotive scent of Palo Santo, the South American "Holy Wood", which immediately connects us with nature & takes us back to times of ceremony, meditation, transformation & grounding. This experience offers a "CannaBliss" booster for those seeking an extra level of physical and emotional calming. Inspired by rituals and deep-rooted traditions, this is truly a restorative journey to the inner self.

- 10 min Foot Bath & Smudging Body Ritual
- 60 min Balancing Massage • 60 min Palo Santo Facial

*24-hour advance reservation is required.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures feature holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan | 150-minute treatment

THB 10,500

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

- Coriander Cucumber Cleanse • Royal Banyan Herbal Pouch Massage
- Jade Face Massage

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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Master Therapist Experience | 90-minute treatment

THB 7,000

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools.

The therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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SENSE OF PLACE

Inspired by the serene golden rays at the crack of dawn, gentle stretches that energize you or traditional royal desserts that are not only delicious but offer multiple health benefits our 'Sense of Place' treatment encapsulates the idyllic charm of life in Phuket.

Rise and Shine | 120-minute treatment **THB 9,500**

This relaxing spa treatment begins with an exfoliant scrub using Bi Co Moi and coconut milk to nourish your skin followed by applying a warm poultice with oil and golden dust to reveal youthful and glowing skin and a revitalizing massage to leave you feeling rejuvenated and energized.

Immerse in the sights, sounds and scent of Phuket in our alluring Sense of Place treatment.

- 30-minute Bi-Co-Moi Scrub • 75-minute Golden Pouch Massage
- 15-minute Jasmine Rice Facial





TIME-HONOURED TRADITIONS

120-minute treatment THB 8,500

Thai Traditions | 120-minute treatment

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

**Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer
• Thai Classic Massage**

Indonesian Traditions | 120-minute treatment

Practised in the palaces of Central Java, you can now indulge in a blissful treatment fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

**Balinese Massage • Lulur Purifier • Yoghurt Body Splash
• Fresh Milk Nourisher**



TIME-HONOURED TRADITIONS

90-minute treatment THB 7,500

120-minute treatment THB 8,500

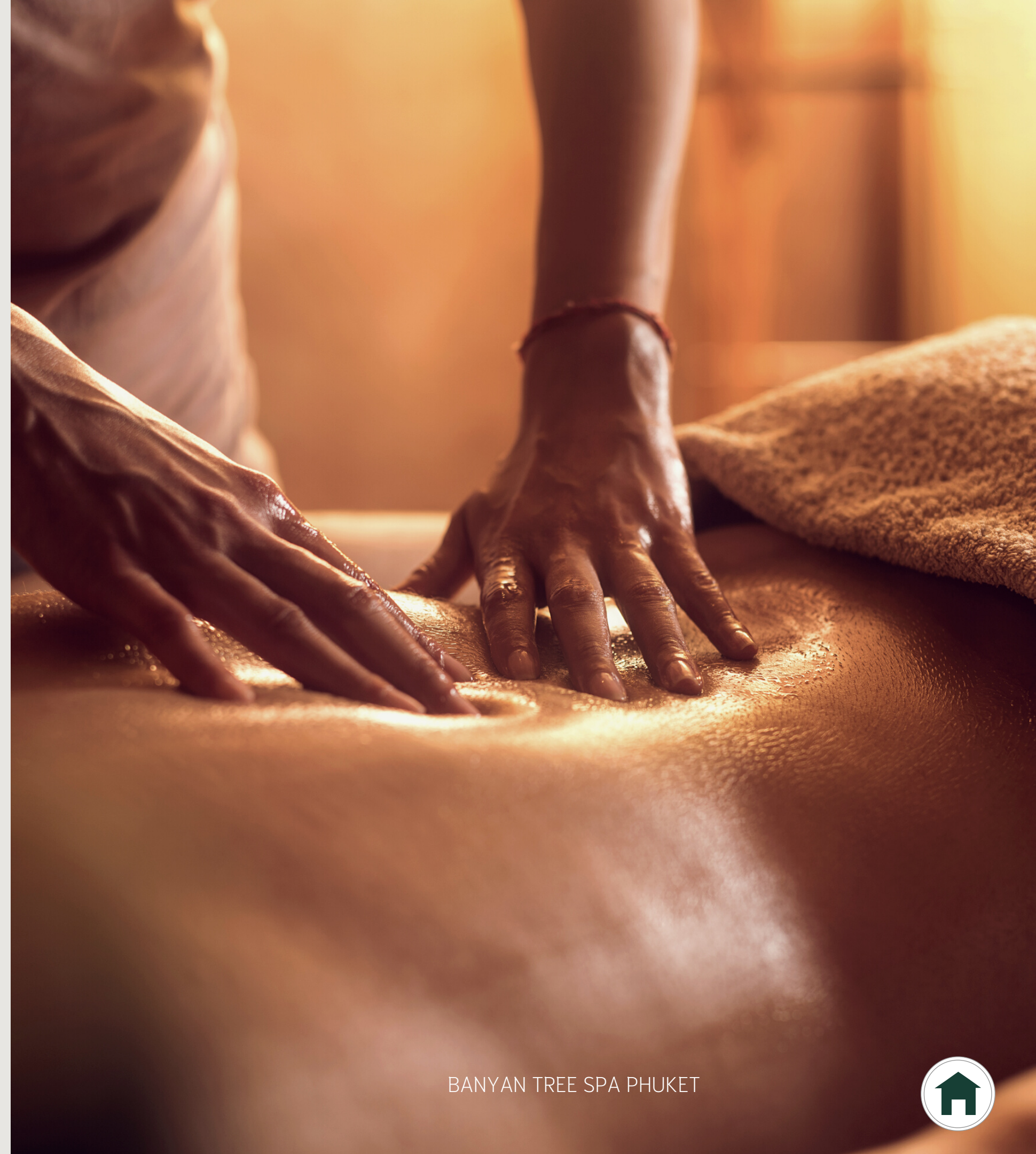
Chinese Traditions | 90-minute treatment

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

*24-hour advance reservation is required.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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TAILORED FOR YOUR SENSES

90-minute treatment THB 7,000

120-minute treatment THB 8,500

150-minute treatment THB 10,000

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treatments of your choice.

For The Ladies

- 60-minute Body Massage
 - 30-minute Body Scrub
- 30-minute Body Conditioner
 - 60-minute Facial
 - 30-minute Express Facial

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR Foot Massage
 - 30-minute Body Scrub
- 30-minute Body Conditioner
 - 60-minute Facial
 - 30-minute Express Facial

*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.



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FULL BODY MASSAGES

60-minute treatment THB 5,000

90-minute treatment THB 6,000

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from "Touch of Love" or "Touch of Peace" massage oil to complement your state of mind and achieve desired effects.

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.



FULL BODY MASSAGES

60-minute treatment THB 5,000

90-minute treatment THB 6,000

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is to be worn.





FUSION FOCUS

30-minute treatment THB 3,000

45-minute treatment THB 4,000

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm "Clarity Oil" is used in all massages to soothe nerves and moisturise skin.

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.



BODY SCRUBS

30-minute treatment THB 3,000

Apple Green Tea Polisher

for All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

for Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kieffer Lime Refresher

for Normal & Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

for All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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BODY CONDITIONERS

30-minute treatment THB 3,000

Aloe Lavender Healer

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kieffer Lime Mask

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

Premium Time Defence **90-minute treatment THB 5,500**

For All Skin Types

A facial packed with skin renewal properties to bring out that youthful glow again. Nourish your skin with a cream mask filled with active serums and a radiance ice cube complex to reveal a visibly fresher-looking complexion and reduced fine lines.

Banyan Brilliance **90-minute treatment THB 5,500**

For All Skin Types

An ultra-firming facial to plump and rehydrate the skin. Aromatic complexes and active serums boost cellular renewal while a refreshing mineral mask deeply nourishes, leaving the skin firm, smooth and brilliant. This facial concludes with a radiance ice cube complex for a lovely glow.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



BANYAN TREE SPA PHUKET





FACIALS

60-minute treatment THB 4,500

Sheer Comfort

For Dry, Sensitive Skin

A calming treat that provides gentle comfort and soothes irritations, this facial reduces redness and dark spots with a moisturising cream mask enriched with anti-oxidising properties. Emerge from the finest Banyan Tree Spa experience with a dewy, radiant complexion.

Hydro Treat

For Normal, Combination Skin

Pamper dull devitalised skin with the moisture it craves with this intensive hydrating facial. Indulge in a mineral-infused velvet cream mask which soothes and nourishes, delivering a surge of rich comforting moisture, leaving the skin dewy and supple.

Perfectly Purified

For Oily, Congested Skin

A deep cleansing facial featuring traditional steam and a balancing face massage. Relax with a detoxifying face and eye mask to hydrate, purify and rebalance the skin. The result is a clear and shine-free complexion.

Banyan Facial

For All Skin Types

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.



FACIALS

30-minute treatment THB 3,000

Facials Express

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise

OR

Cleansing • Massage • Mask • Moisturise

OR

Cleansing • Scrub • Massage • Moisturise

Prices are inclusive of prevailing 10% service charge and 7% government tax.



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