



BANYAN TREE  
LĂNG CỒ  
CENTRAL VIETNAM

AWAKEN

THE

SENSES

Resort Information &  
Activities Booklet



BANYAN TREE  
LĂNG CÔ  
CENTRAL VIETNAM

DINING

SPA & WELLBEING

LAGUNA GOLF

DAILY ACTIVITIES

EXPERIENCES &  
WATER SPORTS

SHUTTLE SERVICES

RESORT MAP

BIODIVERSITY

SHUTTLE BOAT

PROMOTIONS OF THE MONTH

Please tap to explore and navigate through the  
digital booklet.



# DINING

## Discover the exceptional dining experiences in Central Vietnam

With three restaurants and a bar at Banyan Tree Lang Co each offering different dining options, and another four restaurants at the nearby Angsana Lang Co resort, you will be truly spoilt for choice when it comes to dining. Additionally, our signature Destination Dining has been created for guests who seek a touch of surprise, romance and adventure in their private dining experiences.

Fancy a BBQ party with your loved ones, in which you all get smoky by grilling the freshest local ingredients on your own? Enjoy delicacies and quality time in the comfort of your home-away-from-home with our In-villa BBQ experience.

**BANYAN TREE**

**ANGSANA**

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# SPA &

# WELLBEING

Retreat into a natural blend of romance and serenity

Set in the heart of Central Vietnam, our spa invites you to embark on a journey of self-renewal in comfortable surroundings that promote natural healing. Revel in a spread of carefully cultivated treatments delivered by skilful spa therapists. With remedies containing aromatic ingredients picked from the tropics, your senses will be reawakened under the intuitive art of touch.

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# LAGUNA GOLF

# LANG CO

A championship course designed by the legendary Sir Nick Faldo

Laguna Golf Lãng Cô is a championship course located in the Laguna Lãng Cô integrated resort. Designed by Sir Nick Faldo, it offers a variety of challenges for players of all levels. Measuring just under 7,100 yards from the championship tees and a beginner friendly 5,263 yards from the front tees, the course is strategically planned with a traditional out-and-back routing. Players can enjoy varied shot opportunities along the way, leaving them with a unique sense of place in the rustic hinterland destination.

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# BIODIVERSITY

Immerse yourself in the nature with our transformative experiences

“Biological diversity, the sum of every species, plant or animal, regardless of size or function, contributes in a meaningful way towards a healthy functioning, resilient and sustainable environment.”

As a part of our “Stay For Good” program, based on the “For Good” framework of Banyan Tree Group, our on-site Biodiversity initiative inspires and motivates our guests to immerse themselves in the natural beauty at Banyan Tree Lang Co, featuring the transformative Bird Watching experience and the innovative “Birds of Lang Co Bay” Gallery that raises the awareness of respecting and preserving biodiversity

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# SHUTTLE

# BOAT

## Wander amidst the lush greenery

Have you ever been embraced by the unspoiled greenery while tuning in the birds' song?

Try hopping on our complimentary shuttle boat to wander amidst the lush tropical plants alongside our canal. During your journey, you may find a variety of birds that call Banyan Tree Lang Co home singing their free and happy songs.

Depart from Banyan Tree Lang Co Jetty:

8:45 – 9:15 – 9:45 – 10:15 – 10:45 – 11:15 – 14:15 – 14:45 – 15:15 – 15:45 – 16:15 – 16:45





# SHUTTLE

# SERVICES

Feel at ease knowing your transport needs are scheduled

The journey from Banyan Tree Lang Co to the trifecta of Hoi An – Danang – Hue allows you to easily access the unspoiled greenery, vibrant streets, and captivating culture.

Explore the culturally rich beauty of Central Vietnam, from the UNESCO World Heritage Sites of the Citadel of Hue, the charming Hoi An Ancient Town, the historical My Son Sanctuary to the natural wonders of Bach Ma National Park with our diverse tours and excursions.

TOURS &  
EXCURSIONS

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SHUTTLE  
SERVICES

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**BANYAN TREE LANG CO**

- Facilities**
- 1 Wedding Chapel
  - 2 Reception / Lobby
  - 3 Boardroom
  - 4 Banyan Tree Spa
  - 5 Yoga
- Villa**
- Light yellow square: Lagoon Pool Villa
  - Yellow square: Beach Pool Villa
- Restaurant**
- 1 Saffront
  - 2 The Water Court
  - 3 Thu Quan
  - 4 Azura

**ANGSANA LANG CO**

- Facilities**
- 6 Angsana Spa
  - 7 Reception / Lobby
  - 8 Ballroom / Meeting Rooms
  - 9 Kids Pool and Kids Club
  - 10 Water Sport's Centre
- Restaurant**
- 5 Rice Bar & Rice Bowl
  - 6 Market Place
  - 7 Moomba / Pool Bar
- Room / Suites**
- Orange square: Room / Suites

**LAGUNA GOLF LANG CO**

- Facilities**
- 11 Tennis Court
  - 12 Golf
- Restaurant**
- 8 Golf Cafe

**JETTY**

- Water Court Restaurant**
- 1 Water Court Restaurant
  - 2 Banyan Tree Lately
  - 3 Thanh Toan Brngs
  - 4 Angsana Building 3
  - 5 Angsana Lobby
  - 6 Water Sports
  - 7 Golf | Laguna Park
- Laguna Lifestyle Hub**
- 1 Laguna Lifestyle Hub
  - 2 Lifestyle Café & Mini Mar
  - 2 Laguna Park



RESORT MAP



# EXPERIENCES & WATER SPORTS

A multitude of entertaining and relaxing activities await you at Banyan Tree Lang Co. Skim the gentle waves of the East Sea with water skiing, kayaking, jet skiing, parasailing or fishing. Sporting thrill seekers will get an adrenaline rush from our acrobatic bungee trampoline, ATV rides or mountain biking. Immerse yourself in our endless activities during your stay at Banyan Tree Lang Co! For families with small children, our Rangers' Club offers complimentary supervised care with a myriad of indoor and outdoor activities.

Activities,  
Excursions and  
Tours

[DISCOVER NOW](#)

Complimentary  
Activities

[DISCOVER NOW](#)



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# DAILY ACTIVITIES & EXPERIENCES

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

CHARGEABLE ACTIVITIES

COMPLIMENTARY WATERSPORTS

The schedule is subject to availability, weather conditions, change or cancellation at the time of booking.

Terms and conditions apply. For more information, please get in touch with your Villa Host or our Reception desk.

[Terms & Conditions](#)



# MONDAY

- 7:00 - 8:00** BOOTCAMP  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 - 9:15** CHEST OPENING YOGA (BEGINNER)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 9:00 - 10:00** ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 10:00 - 11:00** RESORT PHOTOGRAPHY TOUR  
*Venue: Banyan Tree Lobby (Maximum 6 people)*
- 11:00 - 11:45** NUTRITION WORKSHOP  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** TOWEL ANIMALS FOLDING ARTISTRY  
*Venue: Market Place (Maximum 6 people)*
- 13:00 - 14:00** BASIC SNOKERLING LESSON  
*Venue: Diving Pool (Maximum 6 people)*
- 14:00 - 15:00** CORE STRENGTH YOGA (ADVANCED)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Minimum 5 people)*
- 15:00 - 16:00** ORIGAMI ART  
*Venue: Market Place (Maximum 8 people)*
- 16:00 - 17:00** DEEP RELAXATION  
*Venue: Yoga Pavilion (Maximum 8 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



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# MONDAY

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**16:00 - 17:00** TABLE TENNIS TOURNAMENT

*Venue: Ballroom Foyer (Maximum 10 people)*

**17:00 - 18:00** TOTAL BODY WORKOUT

*Venue: Wedding Chapel – Dry weather*

*Ballroom – Wet weather*

*(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# TUESDAY

- 7:00 - 8:00** AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 - 9:15** VIETNAMESE TRADITIONAL FOLK DANCE  
*Venue: Yoga Pavillion (Maximum 8 people)*
- 9:00 - 11:00** STAY FOR GOOD: ELDERLY CARE  
*Venue: Hotel Lobby (Maximum 4 people)*
- 10:00 - 11:00** TAI CHI  
*Venue: Yoga Pavillion (Maximum 6 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 16:30** BIRD WATCHING  
*Venue: Bird Gallery (Maximum 6 people)*
- 16:00 - 17:00** THE ART OF VIETNAMESE TEA  
*Venue: Rice Bar (Maximum 8 people)*
- 16:00 - 17:00** DART TOURNAMENT  
*Venue: Ballroom Foyer (Maximum 10 people)*
- 17:00 - 18:00** FIRM ABS WORKOUT  
*Venue: Wedding Chapel – Dry weather  
Ballroom – Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# WEDNESDAY

- 7:00 - 8:00** JOGGING  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 - 9:15** VIETNAMESE TRADITIONAL FOLK DANCE  
*Venue: Yoga Pavillion (Maximum 8 people)*
- 9:00 - 10:00** ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 9:00 - 11:00** STAY FOR GOOD: DISABLED CHILD CARE  
*Venue: Hotel Lobby (Maximum 12 people)*
- 10:00 - 11:00** LET'S LEARN TO SWIM  
*Venue: Diving Pool (Maximum 6 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** CALLIGRAPHY ART  
*Venue: Market Place (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 16:00** VIETNAMESE TRADITIONAL BAMBOO DANCE  
*Venue: Banyan Tree Lobby*
- 16:00 - 17:00** MINI FOOTBALL  
*Venue: Ballroom Garden (Maximum 10 people)*
- 17:00 - 18:00** LOWER BODY WORKOUT  
*Venue: Wedding Chapel – Dry weather  
Ballroom – Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# THURSDAY

- 7:00 - 8:00** AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 - 9:15** BODY BALANCE YOGA (BEGINNER)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 9:30 - 10:30** STAY FOR GOOD: ENGLISH IS FUN  
*Venue: Hotel Lobby (Maximum 12 people)*
- 10:00 - 11:00** TAI CHI  
*Venue: Yoga Pavillion (Maximum 6 people)*
- 11:00 - 11:45** NUTRITION WORKSHOP  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*
- 14:00 - 15:00** RESTORATIVE (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 16:30** BIRD WATCHING  
*Venue: Bird Gallery (Maximum 6 people)*
- 16:00 - 17:00** GRATITUDE MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 - 17:00** TABLE SOCCER TOURNAMENT  
*Venue: Ballroom Foyer (Maximum 10 people)*
- 17:00 - 18:00** FIRM ABS WORKOUT  
*Venue: Wedding Chapel – Dry weather  
Ballroom – Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)





# FRIDAY

- 7:00 - 8:00** BOOTCAMP  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 - 9:15** STRESS RELIEF YOGA (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 8:30 - 15:30** INTRODUCTION TO GOLF  
*Venue: Driving Range*
- 9:00 - 10:00** ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 10:00 - 11:00** RESORT PHOTOGRAPHY TOUR  
*Venue: Banyan Tree Lobby (Maximum 6 people)*
- 11:00 - 11:45** HEALING SINGING BOWLS  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** TOWEL ANIMALS FOLDING ARTISTRY  
*Venue: Market Place (Maximum 6 people)*
- 13:00 - 14:00** BASIC SNOOKERLING LESSON  
*Venue: Diving Pool (Maximum 6 people)*
- 14:00 - 15:00** HIP OPENING YOGA (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 16:00** ORIGAMI ART  
*Venue: Market Place (Maximum 8 people)*
- 16:00 - 17:00** MANTRA MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



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# FRIDAY

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**16:00 - 17:00** GLADIATOR JOUSTING  
*Venue: Ballroom Foyer (Maximum 10 people)*

**17:00 - 18:00** TOTAL BODY WORKOUT  
*Venue: Wedding Chapel – Dry weather  
Ballroom – Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# SATURDAY

- 7:00 - 8:00** AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 - 9:15** MORNING YOGA (BEGINNER)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 10:00 - 11:00** TAI CHI  
*Venue: Yoga Pavilion (Maximum 6 people)*
- 11:00 - 11:45** SLEEP ENHANCEMENT WORKSHOP  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*
- 14:00 - 15:00** BACKBEND YOGA (ADVANCED)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 16:30** BIRD WATCHING  
*Venue: Bird Photo Gallery (Maximum 6 people)*
- 16:00 - 17:00** BODY SCAN MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 - 17:00** THE ART OF VIETNAMESE TEA  
*Venue: Rice Bar (Maximum 8 people)*
- 16:00 - 17:00** POOL TOURNAMENT  
*Venue: Pool Table (Maximum 10 people)*
- 17:00 - 18:00** FIRM ABS WORKOUT WORKOUT  
*Venue: Wedding Chapel - Dry weather  
Ballroom - Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# SUNDAY

- 7:00 - 8:00** JOGGING  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 - 9:15** SUN SALUTATION (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 9:00 - 10:00** ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 10:00 - 11:00** LET'S LEARN TO SWIM  
*Venue: Diving Pool (Maximum 6 people)*
- 11:00 - 11:45** BREATHING EXERCISE  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 - 12:00** A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 13:00 - 14:00** CALLIGRAPHY ART  
*Venue: Market Place (Maximum 8 people)*
- 14:00 - 15:00** IYENGAR (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 14:00 - 15:00** HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 - 15:30** VIETNAMESE TRADITIONAL BAMBOO DANCE  
*Venue: Banyan Tree Lobby*
- 16:00 - 17:00** HO'OPONOPONO MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 - 17:00** PETANQUE TOURNAMENT  
*Venue: Ballroom Garden (Maximum 10 people)*
- 17:00 - 18:00** LOWER BODY WORKOUT  
*Venue: Wedding Chapel – Dry weather  
Ballroom – Wet weather  
(Maximum 6 people)*

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



# CHARGEABLE ACTIVITIES

## CANDLE MAKING WORKSHOP

16:00 – 17:00 Everyday | Angsana Gallery | VND 280,000/person

## YOUR-MIXOLOGIST-SELF: MOCKTAILS

16:00 – 17:00 Wed & Sun | Rice Bar | VND 150,000/person

## THAI & VIETNAMESE COOKING CLASSES

13:00 – 16:00 Everyday | Water Court/ Saffron

## HOW TO MAKE THAI TEA

15:00 – 16:00 Wed to Sun | Saffron | VND 150,000/person

## A GUIDE TO VIETNAMESE COFFEE: SALTY COFFEE

12:00 – 13:00 Friday | Water Court | VND 200,000/person

## A GUIDE TO VIETNAMESE COFFEE: EGG COFFEE

12:00 – 13:00 Wed & Sun | Water Court | VND 200,000/person

## A GUIDE TO VIETNAMESE COFFEE: COCONUT COFFEE

12:00 – 13:00 Tue; Thur & Sun | Water Court | VND 200,000/person

## SAFFRON FREE-FLOW DRINKS

14:00 – 16:00 Wed to Sun | Saffron | VND 1,499,000++/person

## HOW TO MAKE HOT CHOCOLATE

15:00 – 16:00 Everyday | Thu Quan | VND 200,000/person

## YOUR-MIXOLOGIST-SELF: COCKTAILS

14:00 – 15:00 Everyday | Thu Quan | VND 350,000++/person

Please tap the button "MORE DETAILS"  
for more information of the activities.

[MORE DETAILS](#)



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# DAILY ACTIVITIES & EXPERIENCES

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## Terms and Conditions

- All prices are per person and inclusive of service charges and taxes
- Activities marked with \* will come with a prize for the winner
- Handicraft Corner is available from 9:00 to 20:00
- Boardgames are available at the Ballroom Foyer/ Thu Quan or at your preferred location
- All activities require 3 hours of booking in advance and are subject to availability
- Cooking Classes require 24 hours of booking in advance with confirmed dishes
- A full charge is applied for cancellation less than 1 hour prior to the booking time for all chargeable activities
- For more information or reservations, please contact Front Desk or your Villa Host



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# COMPLIMENTARY WATERSPORTS

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Kayak	20 Minutes
Stand-Up Paddle Board	20 Minutes
Archery	15 Minutes
Banana boat / Mable Ride	10 Minutes
Viet Nam Basket Boat	10 Minutes
Bocce ball	20 Minutes
Croquet	20 Minutes
Surf Board	20 Minutes
Boogie Board	20 Minutes
Obstacle course	30 Minutes
Tennis Court	30 Minutes
Badminton Court	30 Minutes
Mini football	30 Minutes

- Booking in advance is required and subject to availability
- Some activities are subject to weather and sea conditions
- One booking per activity for each villa at a time. The following booking can be made once the previous booking is finished
- Cancellation is required one hour in advance
- No-show at the pre-booked activity or cancellation with less than one hour notice will cause a charge of the activity's price
- Please reach out to your Villa Host for bookings and changes

