



BANYAN TREE  
SPA







## STEP INTO A SANCTUARY FOR THE SENSES

Banyan Tree Spa - Located on the 1st floor of the hotel lobby. Featuring 5 double treatment rooms, 1 tropical rain mist room and 1 romantic couple weightless room, Banyan Tree Spa is a retreat for the body and mind on the shores of Yangcheng Lake, and the spa treatments are made with local resources and original materials to bring guests a sense of being there. Guests can experience a sense of place treatment with Yangcheng Lake's signature and innovative tropical rain mist spa facilities.

Operation Hours : 11:00-22:00



BANYAN TREE  
SPA





# M E N U

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# BANYAN SIGNATURES

*The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.*

## Royal Banyan

150-minute treatment

¥2,188

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath

## Tropical Rainmist

120-minute treatment

¥1,788

Widely known as Banyan Tree Spa's innovation, unwind in the sensory pleasures of the trickling Rain Shower. An invigorating body scrub purifies before the skin is boosted with extra moisture. This experience brings you perfect tranquility as tension is kneaded away by the therapeutic touch of the therapist.

Choice of Massage • Bath Soak • Steam Bath • Rain Shower • Cleansing Mitt Scrub • Rain Shower • Honey Milk Nourisher • Rainshower with Hair Wash

All prices are subject to 10% service charges and 6% taxes





# BANYAN SIGNATURES

## Sense of Place – Flora and Fishing Journey

90/120/150-minute treatment

¥1,388 / ¥1,788/ ¥2,188

The gentle mist embodies the primal essence of nature, invigorating and nurturing both body and soul. Indulge in exclusive aromatherapy treatments that are soothing and restorative! Banyan Tree Spa at Yangcheng Lake employs traditional Jiangnan combs to cleanse your scalp and utilizes a rhythmic massage technique akin to ocean waves. Amidst the tranquil moonlight, immerse yourself in the symphony of waves caressing the shore while being embraced by the fragrant breeze carrying osmanthus. Unwind and relish this moment of serenity and fulfillment.

Osmanthus Biluochun Green Tea Cleanser • Wave Sound Purification • Wave Balancing Massage • Back Warm Singing Bowl • Fish Bone Scalp Massage • Pearl Power Nourish Body Conditioner



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# BANYAN SIGNATURES

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## EMaster Therapist xperience

*90-minute treatment*

¥1,788

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.



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# BANYAN SIGNATURES

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### Choice of Massage

- Bath Soak
- Steam Bath
- Rain Shower
- Cleansing Mitt Scrub
- Rain Shower
- Honey Milk Nourisher
- Rainshower with Hair Wash

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# TIME-HONOURED TRADITIONS

*Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.*

## Chinese Traditions

*90-minute treatment*

¥1,488

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

## Indian Traditions

*90-minute treatment*

¥1,488

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara • Lepamam • Steam Bath

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# TIME-HONoured TRADITIONS

## Indonesian Traditions

120-minute treatment

¥1,688

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath

## Thai Traditions

120-minute treatment

¥1,688

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer • Thai Classic Massage • Aromatic Ginger Bath

All prices are subject to 10% service charges and 6% taxes







# TAILORED FOR YOUR SENSES

90/120/150-minute treatment

¥1,388 / ¥1,788/ ¥2,188

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

## For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

## For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

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# FULL BODY MESSAGES

60-minute treatment

¥1,988

90-minute treatment

¥2,188

*Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.*

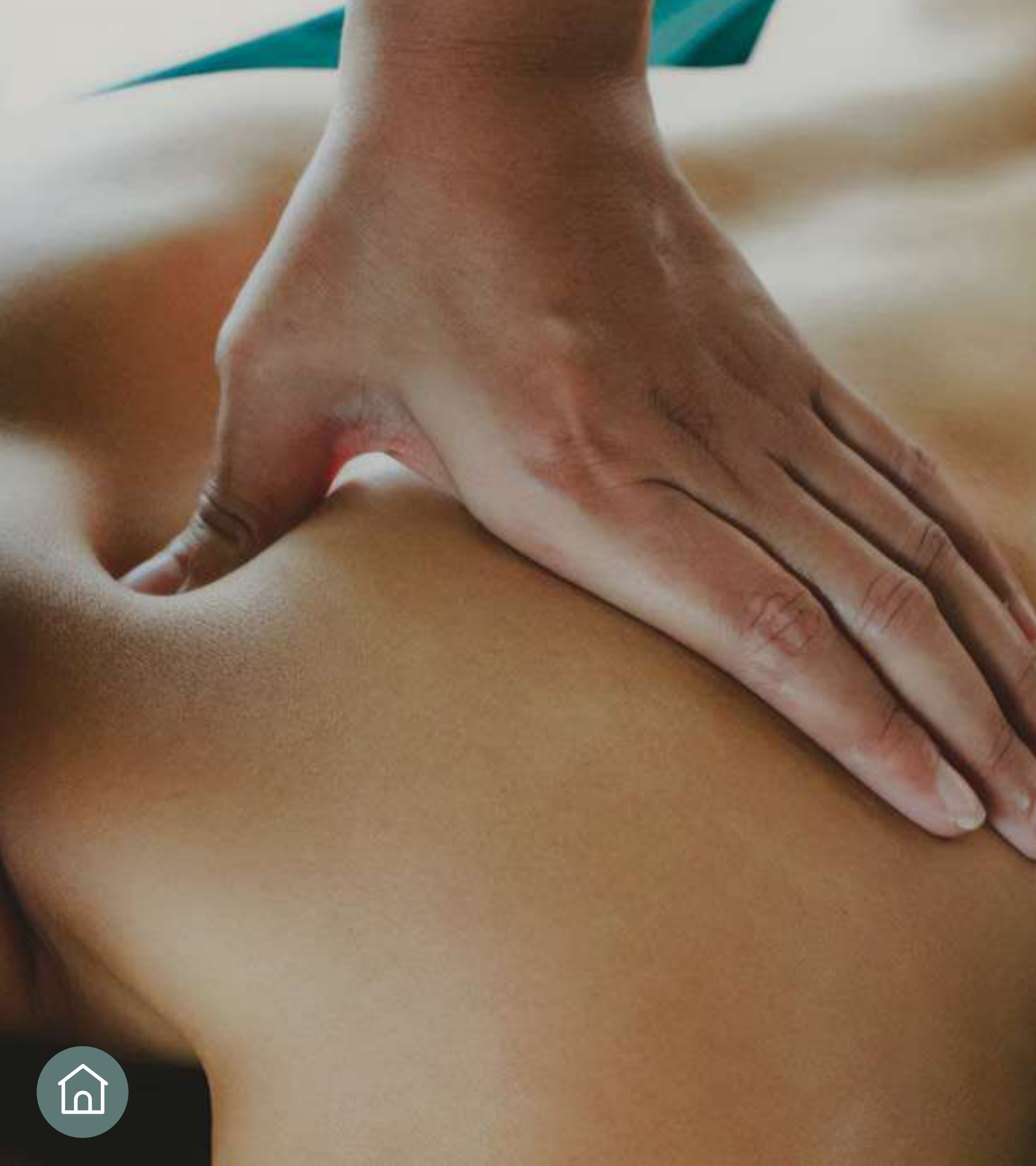
## Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.



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# FULL BODY MESSAGES

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60-minute treatment	¥1,188
90-minute treatment	¥1,388

## Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

## Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

## Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

## Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

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# FUSION FOCUS

30-minute treatment	¥468
45-minute treatment	¥568

*Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.*

## Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

## Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

## Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

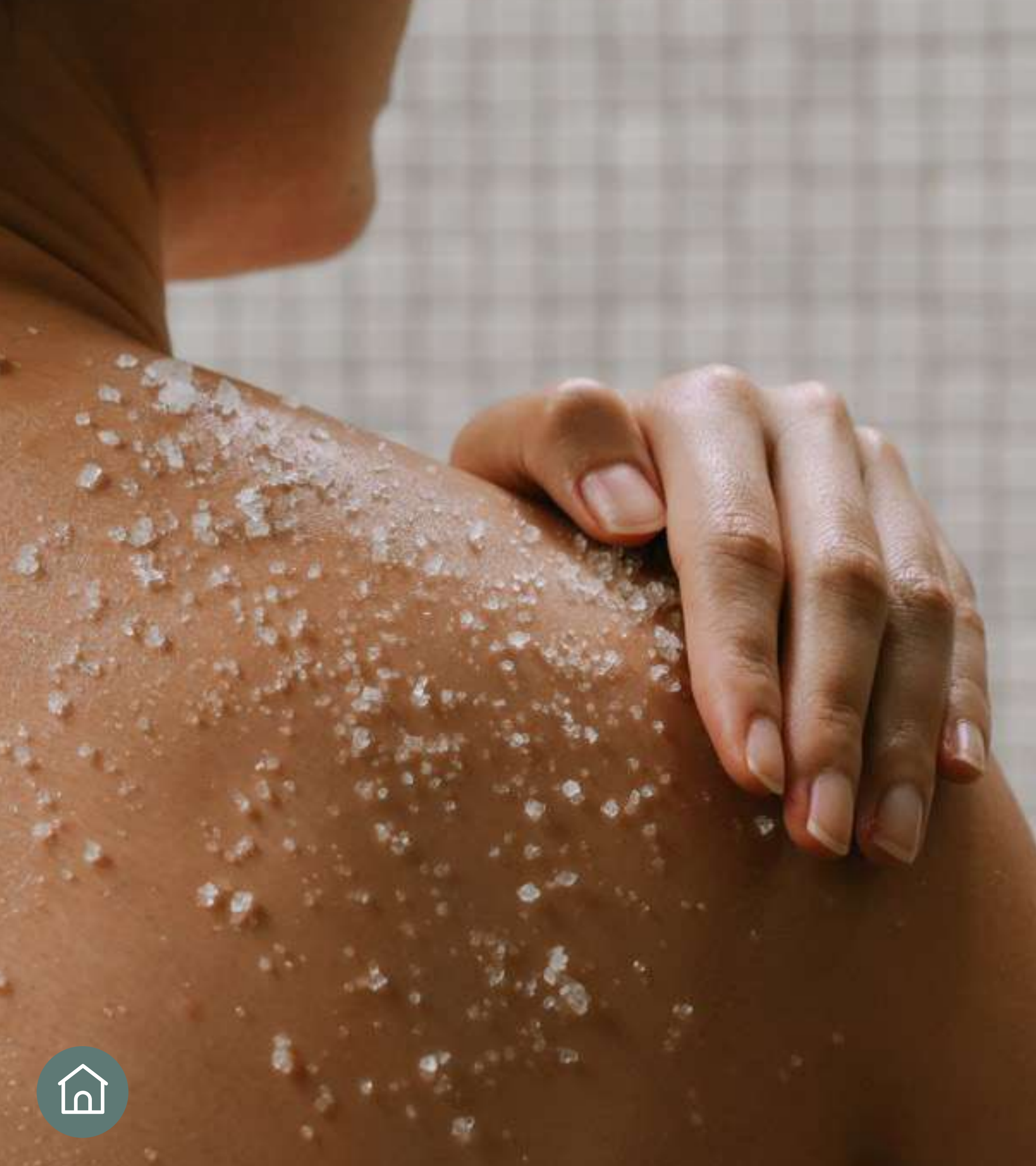
## Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

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# BODY SCRUBS

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*30-minute treatment*

¥468

## Apple Green Tea Polisher

*for All Skin Types & Sensitive Skin*

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

## Ginger Lemon Cleanser

*for Oily Skin*

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

## Kieffer Lime Refresher

*for Normal & Oily Skin*

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

## Turmeric Honey Cleanser

*for All Skin*

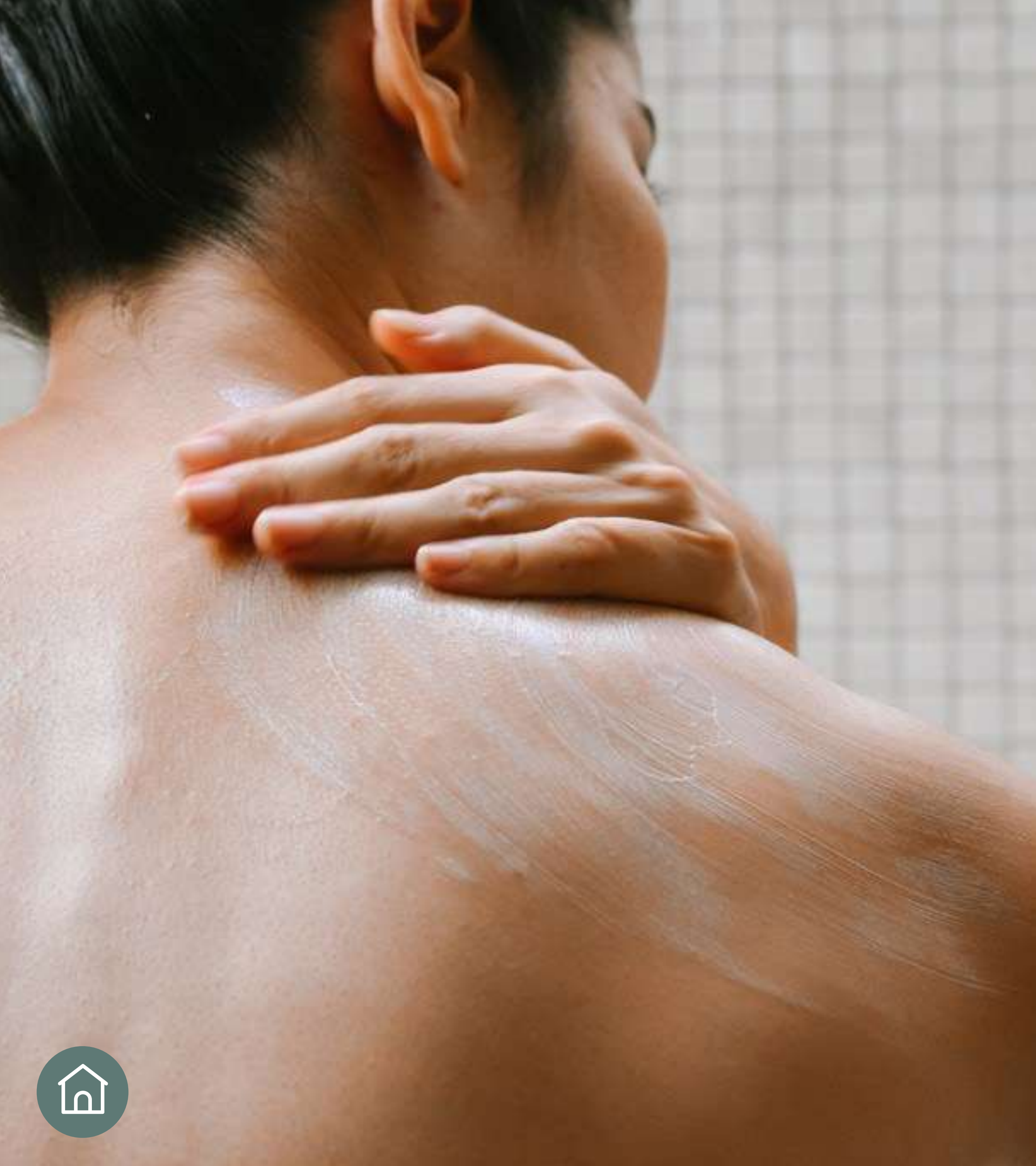
~~Types~~  
Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

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# BODY CONDITIONERS

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30-minute treatment	¥468
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## Aloe Lavender Healer

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

## Chrysanthemum Enhancer

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

## Honey Avocado Healer

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

## Kieffer Lime Mask

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

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# CALMING BATHS

30-minute treatment	¥ 388
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## Detoxing Bath

Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.

## Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

## Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

## Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

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# FACIALS

*Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.*

## Premium Time Defence

*90-minute treatment* ¥468

A facial packed with skin renewal properties to bring out that youthful glow again. Nourish your skin with a cream mask filled with active serums and a radiance ice cube complex to reveal a visibly fresher looking complexion and reduced fine lines. Suitable for all skin types.

## Banyan Brilliance

*90-minute treatment* ¥ 1,188

An ultra-firming facial to plump and rehydrate the skin. Aromatic complexes and active serums boost cellular renewal while a refreshing mineral mask deeply nourishes, leaving the skin firm, smooth and brilliant. This facial concludes with a radiance ice cube complex for a lively glow. Suitable for all skin types.

All prices are subject to 10% service charges and 6% taxes







# FACIALS

60-minute treatment	¥1,188
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## Perfectly Purified

*For Oily and Congested Skin*

A deep cleansing facial featuring traditional steam and a balancing face massage. Relax with a detoxifying face and eye mask to hydrate, purify and rebalance the skin. The result is a clear and shine-free complexion.

## Sheer Comfort

*For Sensitive Skin*

A calming treat that provides gentle comfort and soothes irritations, this facial reduces redness and dark spots with a moisturising cream mask enriched with anti-oxidising properties. Emerge from the finest Banyan Tree spa experience with a dewy, radiant complexion.

## Hydro Treat

*For Normal and Combination Skin*

Pamper dull devitalised skin with the moisture it craves with this intensive hydrating facial. Indulge in a mineral-infused velvet cream mask, which soothes and nourishes, delivering a surge of rich comforting moisture, leaving the skin dewy and supple. Suitable for normal and combination skin.

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# FACIALS

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## Banyan Facial

*75-minute treatment*

¥ 1,688

## Luminescence Restorer

*For Brightening Skin*

Indulge in an innovative anti-aging treatment to diminish fine lines, restore youthfulness and deeply hydrate the skin. A complete facial ritual for those seeking a sophisticated lifting treatment, this facial is enriched with skin regenerating and antioxidant ingredients to reinforce the skin's natural defense against free radicals for a glow of refreshed vitality

## Anti-Oxidant Illuminator

*For Hydrating*

A revitalising anti-oxidant facial that deeply focuses on protecting the skin from environmental pollutants while providing exceptional firmness. The experience begins with a gentle exfoliation before an application of an anti-ageing serum for maximum hydration. The experience rounds off with a massage to enhance clarity and a restoring mask that locks in the moisture for an instant glow.

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# FICIALS

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*90-minute treatment*

¥ 2,488

## Pure Revitaliser

*For Firming and Anti-Aging*

This is the ultimate facial indulgence to reduce fine lines and restore luminosity to the skin. A gentle peel is applied before a triple facial massage is performed to revitalise and deeply hydrate the skin. A double mask to lighten pigmentation completes the ritual

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# PLEASE TAKE A MOMENT TO READ THIS

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## Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect the other guest privacy by speaking softly.

Please switch your cellular phone and electronic devices off or to silent mode.

## Calm

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

## Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

## Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

## Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

## Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

## Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

## Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

## Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

