



BANYAN TREE
SPA

SPA

MENU



BANYAN TREE
SPA

SANCTUARY

FOR

THE SENSES

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

Sense of Tranquility

Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Leave the cares of the world behind as you enjoy an herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.

www.banyantree.com



Please take a moment to read this

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificate

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



BANYAN

SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan

JYP 55,000

150-minute treatment

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser, Royal Banyan Herbal Pouch Massage, Jade Face Massage, Therapeutic Herbal Bath.

Sense of Place - Oriental Bliss

JYP 46,000

120-minute treatment

Enjoy the refreshing body scrub using azuki beans – a popular ingredient in traditional skin care used by Japanese woman for over 1,200 years. Inspired by the surrounding pine forest, the willowy but firm of oine tree is reflected in the relaxing body massage that uses both palms and forearms to produce long flowing strokes.

Azuki Cleanser, Pine Delight massage, Japanese Face Massage



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Master Therapist Experience

JYP

90-minute treatment

35,000

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.



TIME-HONoured TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Chinese Traditions

JYP

90-minute treatment

41,000

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massages, Oriental Head Massage.



TIME-HONoured TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Indonesian Traditions

JYP

120-minute treatment ————— 46,000

Practiced in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonies the senses.

Balinese Massage, Lulur Purifier, Yoghurt Body Splash, Fresh Milk Nourisher, Jamu Bath.

Thai Traditions

JYP

120-minute treatment ————— 50,000

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher, Thai Herbal Heat Treatment, Herbal Enhancer, Thai Classic Massage, Aromatic Ginger Bath.

TAILORED FOR YOUR SENSES

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

90-minute treatment

JYP 36,000

120-minute treatment

JYP 41,000

150-minute treatment

JYP 46,000

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner

- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Foot Massage
- 30-minute Body Scrub

- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*For optimal relaxation and benefits, the duration of combined massages would be 90 minutes.



FULL

BODY

MASSAGES

Choose from an indulgent array of massages and surrender to the intuitive touch of our professionally trained therapists. Take your pick between Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Balinese

60-minute treatment	JYP
90-minute treatment	24,000 JYP

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

60-minute treatment	JYP 24,000
90-minute treatment	JYP 31,000

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

60-minute treatment	JYP 24,000
90-minute treatment	JYP 31,000

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

A photograph of a spa pavilion at night. A therapist in a purple shirt is performing a massage on a guest lying on a massage table. The pavilion has a traditional tiled roof and is surrounded by tropical plants and palm trees. The scene is illuminated by warm lights, creating a serene atmosphere.

FULL

BODY

MASSAGES

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Take your pick between Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Thai Classic

60-minute treatment JYP 24,000

90-minute treatment JYP 31,000

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

60-minute treatment JYP 24,000

90-minute treatment JYP 31,000

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

A close-up photograph of a woman's eye, looking directly at the camera, framed by large, vibrant green leaves. The eye is light-colored with dark eyeliner and mascara. The leaves are layered, creating a sense of depth and natural beauty.

FUSION

FOCUS

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

30-minute treatment JYP 14,000
45-minute treatment JYP 19,000

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.



BODY

SCRUBS

30-minute treatment JYP 15,000

Apple Green Tea Polisher ————— for All Skin Types/Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser ————— for Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kie er Lime Refresher ————— for Normal/Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser ————— for All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.



BODY

CONDITIONERS

30-minute treatment

JYP
15,000

Aloe Lavender Healer ————— for All Skin Types/Sensitive Skin

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer ————— for All Skin Types

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer ————— for All Skin Types

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kiefer Lime Mask ————— for All Skin Types

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.



CALMING

BATHS

Purifying Bath

JYP 7,000

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

Rejuvenating Bath

JYP 7,000

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.



FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

The Radiance Facial

JYP

60-minute treatment

22,000

An anti-pollution facial for oily and combination skin, the Radiance facial provides an ageing anecdote and neutralizes skin from free radial damage encountered daily. Suitable for Anti-Pollution (Detox).

The Hydrating Facial

JYP 22,000

60-minute treatment

Suitable for all skin type in need of a boost, the hydrating Facial binds moisture to the skin which allows skin to recover from dryness and flakiness. Suitable for dry skin types.



FACIALS

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Facial Firming Treatment

JYP

60-minute treatment

22,000

Perfect for dull, ageing skin, the Facial Firming Treatment cleanses, hydrates, revitalizes and firms the skin for a more youthful appearance. Suitable for ageing.

Ultra Calming Facial

JYP 22,000

60-minute treatment

Designed for sensitive skin, the Ultra Calming Facial soothes imperfections and alleviates the presence of redness due to irritation. Suitable for sensitive skin types.

FACIALS



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Lift Me Up Facial

JYP

90-minute treatment

28,000

An anti-ageing facial for mature skin using luxurious Cream and Serum which help nourish and support mature skin's texture and hold.

Express Facial

JYP

30-minute treatment

17,000

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing, Scrub, Mask, Moisturise | Cleansing, Massage, Mask, Moisturise | Cleansing, Scrub, Massage, Moisturise.



HAND

& FOOT

TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Banyan Hand Basics

JYP 15,000

60-minute treatment

Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturiser. Nails are trimmed and shaped to your preference.

Hand Bath, Hand Scrub, Nail Maintenance, Hand Moisturising.

Banyan Foot Basics

JYP

60-minute treatment

15,000

Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath, Foot Scrub, Nail Maintenance, Foot Moisturising