



BANYAN TREE
SPA

SPA & WELLBEING MENU



SANCTUARY FOR THE SENSES

Welcome to Banyan Tree Spas, a sanctuary for the senses, a place of solace, reflection.

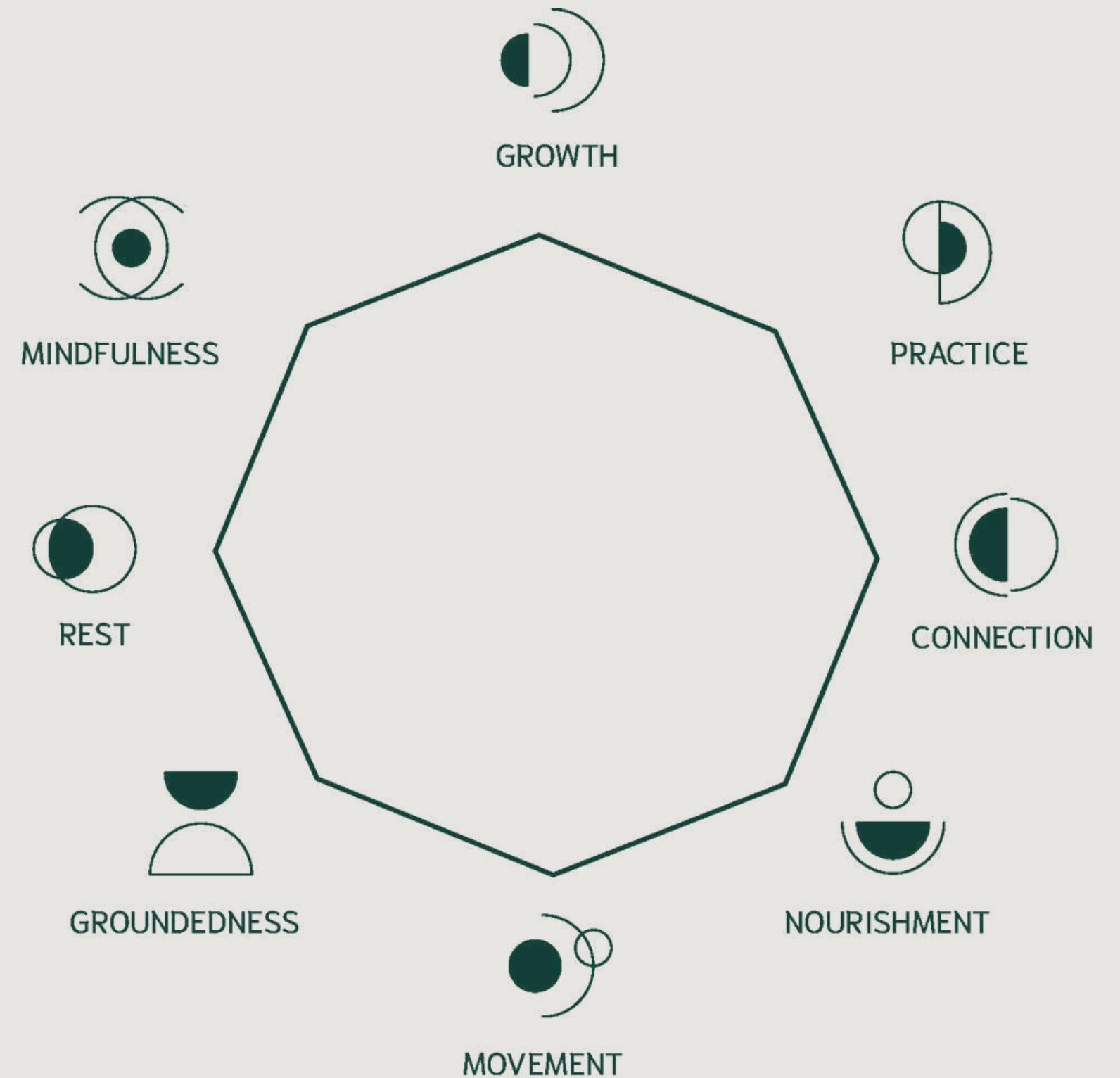
At Banyan Tree Spas, we offer holistic concept of Asian wellbeing experiences designed to guide our guests and associates on their journey, helping them feel balanced, restored, and joyful.

Our evidence-based approach combines ancient Asian cultural practices and harmony with nature, with a range of offerings to meet health-conscious lifestyle aspirations.

WELLBEING PILLARS

At Banyan Tree we believe that we are all interconnected — through the connection to self, others, and the natural world around us.

Our Spa & Wellbeing offerings are thoughtfully designed around our proprietary 8 Pillars of Wellbeing, each addressing a fundamental aspect of a balanced, joyful, and fulfilled life. These pillars guide our holistic approach to rejuvenation, promoting harmony within and around you.



MASSAGE THERAPY

RECOVERY

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm "Clarity Oil" is used in all massages to soothe nerves and moisturise skin.

BODYWORK

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists to complement your state of mind and achieve desired effects.





RECOVERY MESSAGES

30-minute treatment | EUR 90

60-minute treatment | EUR 145

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Surrender the Mind

Scalp, neck and face are preciousy massaged with concentration, intuition and care. Deep tension relief follows with heated compress.



BODYWORK MASSAGES

60-minute treatment | EUR 155

90-minute treatment | EUR 205

Therapeutic Massage

A medium to strong deep pressure massage which minimizes recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Body Balancing

A soft to medium massage where soothing, long strokes and thumb pressure to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscle and stretching technique to boost energy.

BODY SCRUBS

30-minute treatment | EUR 95

Detoxing

For All Skin Types

A 100% natural body scrub that gently exfoliates while nourishing the skin, making it ideal for after-sun care. Natural and biodegradable exfoliants like Purified Salt and Coconut Shell scrub gently remove excess dirt and oil, while Coconut Oil and Desiccated Coconut nourishes the skin, leaving behind a sweet, delicate scent.

All prices include VAT and are subject to 10% service charge.

Sve cijene uključuju pdv i podložne su naplati od 10% naknade za uslugu



BANYAN TREE SPA MAMULA ISLAND

HYDROTHERAPY

30-minute treatment | EUR 75

60-minute treatment | EUR 115

90-minute treatment | EUR 155

Weightless Therapy

A holistic wellness approach that addresses both physical and mental health through the healing properties of floatation therapy. Floating allows the body to be in a state of weightlessness thanks to a unique saline solution that helps you hover effortlessly on the water's surface. The treatment naturally eases muscle tension, reduces joint pressure, and improves circulation. This therapy promotes mind-body connection by encouraging deep relaxation and restoring balance throughout the system.

All prices are in Euro, subject to 10% service charge and 21% goods and services tax



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BANYAN TREE SPA MANILA ISLAND

PLEASE TAKE A MOMENT TO READ

VALUABLES

We recommend that no jewelry be worn on the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the spa are prohibited.

CANCELLATION POLICY

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 24 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for cancellations within 12 hours or no-shows.

REFUND POLICY

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

GIFT CERTIFICATES

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details



Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional treatment for any condition, medical or otherwise, that guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

