



腾冲非遗美食

# TENGCHONG INTANGIBLE CULTURAL HERITAGE CUISINE



“火山热海” 土锅子 (需提前3小时预定)

“Volcanic & Hot Spring” Traditional Clay Pot Hotpot  
Advance reservation required 3 hours in advance

¥398/份

腾冲大薄片

Tengchong Sliced Pork with Chili Sauce

¥98/例

Before ordering, please speak to a member of staff if you have any food allergies or intolerances

在点餐之前, 如果您对食物过敏或不耐受, 请告知我们工作人员

Native & Signature 招牌及本地

Wellbeing Dish 养修菜

Lactose Free 无乳糖

Gluten Free 无麸质





腾冲非遗美食

TENGCHONG INTANGIBLE CULTURAL HERITAGE CUISINE



黑酱炖云岭带皮牛尾黑皮子  
Slow-braised Oxtail with Pig Skin in Tengchong  
Fermented Black Bean Sauce

¥198 / 例

腾冲大救驾  
Tengchong "Dajiu Jia" – Fried Er Kuai

¥58 / 例

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腾冲非遗美食

# TENGCHONG INTANGIBLE CULTURAL HERITAGE CUISINE



高黎贡山红豆松花糕  
Gaoligong Mountain Red Bean & Pine  
Pollen Cake

¥12/个 ¥58/例



东山草场云岭牛铜瓢牛肉火锅

Dongshan Pasture Yunling Beef Copper Pot Hotpot

自选汤底：清汤底、胡辣子汤底、酸菜汤底

Choice of Soup Base : Clear Broth , Spicy "Hu La Zi" Broth , Pickled Vegetable Broth

¥588/套

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悦榕必点招牌菜

## MUST-TRY SIGNATURE DISHES



云南松茸鸡枞菌茶山鸡火锅 (需提前2小时预定)  
Yunnan Matsutake & Termite Mushroom Free-Range  
Tea Mountain Chicken Hotpot  
(Reservation required 2 hours in advance)

¥888/套

云南牛肝菌铜瓢走地茶山鸡火锅 (需提前1小时预定)  
Yunnan Porcini Copper Pot Free-Range Tea Mountain  
Chicken Hotpot  
(Reservation required 1 hours in advance)

¥688/套

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必点招牌菜

## MUST-TRY SIGNATURE DISHES



鲜花椒芽酥炸洋芋粑粑  
Crispy Fried Potato Cake with Fresh Local Pepper Buds

¥88/例



野趣园盐焗土窑走地茶山鸡  
Salt-Baked Free-Range Tea Mountain Chicken in  
Organic Garden Loess Cave

制作时间: 1小时 Cooking time: 1 hour

¥138/半只  
¥238/一只

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必点招牌菜

## MUST-TRY SIGNATURE DISHES



红花茶油松茸菌油灯鸡 (需要提前6小时预定)  
Boiled Chicken Soup with Camellia Oil, Matsutake  
and Wild Mushrooms (Lamp-Braised)  
(Reservation required 6 hours in advance)

¥458 / 例



香草果木香茅熏脆皮小麻鸭  
Crispy Shelduck Smoked with Vanilla and Citronella  
制作时间: 1小时 Cooking time: 1 hour

¥168 / 例

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必点招牌菜

## MUST-TRY SIGNATURE DISHES



树番茄酸木瓜煮走地茶山鸡

Tree Tomato and Sour Papaya Stewed Free-range  
Tea Mountain Chicken

¥138 / 例



青头菌蟹黄酱烩泉水手工豆腐

Spring Water Tofu Braised with Green Skin-head  
Mushrooms and Crab Roe Sauce

¥138 / 例

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悦榕开胃凉菜  
APPETIZERS



傣家风味舂鸡脚  
Dai Style Pounding Chicken Feet with Local spices

¥78/例

云南烧椒酱凉拌双色流心皮蛋  
Century Eggs mixed with Yunnan Roasted Chili Sauce

¥68/例

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悦榕开胃凉菜  
APPETIZERS



爽脆佛手瓜  
Chayote Salad Tossed with Vinegar

¥48 / 例



捞汁猴脑菌配小海鲜  
Wild Mushroom and seafood tossed with Oyster Sauce

¥88 / 例

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APPETIZERS



石斛花糖渍树番茄  
Dendrobium Flower with syrup curing Tree Tomato

¥78/例

油浸菌子荞米线  
Buckwheat Noodles with Wild Mushrooms in Fragrant Oil

¥68/例

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悦榕开胃凉菜  
APPETIZERS



雕梅醋小排  
Braised Pork Ribs in Carved Plum and Vinegar Sauce

¥88/例



宣威火腿凉拌糖心菊花  
Chilled Chrysanthemum with Xuanwei Ham

¥68/例

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APPETIZERS



罗马生菜沙拉  
Romaine Lettuce Salad

¥68/例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



云南松茸汽锅鸡  
Yunnan Matsutake Steam Pot Chicken

¥48/例



松茸炖狮子头  
Matsutake Braised Meatball

¥58/例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



火把鸡枞菌王汤  
Termite Mushroom Soup

¥48 / 例



本地腊腌菜烧大黄鱼  
Braised Large Yellow Croaker with Local Pickled  
Vegetables

¥188 / 例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



肉沫石屏包浆豆腐  
Shiping Soft Tofu with Minced Pork

¥78/例

薄荷椒盐草果粉酥炸缅甸软壳青蟹  
Crispy Fried Myanmar Soft-shell Crab with Mint,  
Pepper & Black Cardamom Spice

¥168/例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



椒盐草果粉酥炸土蜂蛹拼牛干巴  
Crispy Fried Bee Pupae & Dried Beef with Pepper  
and Black Cardamom Spice

¥158 / 例



腾冲特色火炖高山泉水鲟龙鱼  
Braised Spring Water Sturgeon with Tengchong Style

¥168 / 例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



木姜子发酵番茄酸汤煮云岭牛肉  
Sour Soup with Litsea Cubeba & Fermented  
Tomato, Served with Yunling Beef

¥238 / 例(雪花牛肉)  
¥138 / 例(牛前胸肉)



拍蒜宣威小炒肉  
Stir-fried Xuanwei Pork with Crushed Garlic

¥98 / 例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



七彩云南炒干巴菌  
Wok-fried Ganba Mushrooms

¥268/例



韭菜花炒洋芋丝  
Shredded Potato with Chive Flower

¥48/例

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彩云之南经典热菜  
FLAVOUR OF YUNNAN



干椒蒜片炒腾冲本地粉菌  
Tengchong Local Pink Mushrooms Stir-fried with Dried Chili & Garlic

¥228 / 例

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主厨推荐菜

# CHEF'S RECOMMENDATIONS



低温慢烤东山草场云岭牛肋排  
Low-Temperature Roasted Yunling Beef Ribs  
(Dongshan Pasture)

¥198/例



避风塘相思藕托  
Bifengtang Style Lotus Root Pancake

¥78/例

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主厨推荐菜

## CHEF'S RECOMMENDATIONS



松茸 XO 酱芦笋鸡枞炒虾球  
Stir-fried Shrimp Balls with Matsutake,  
Termite Mushroom & XO Sauce

¥198/例



茶香肉配佛手瓜  
Tea Braised Pork with Chayote

¥138/例

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主厨推荐菜

## CHEF'S RECOMMENDATIONS



罗平小黄姜八珍甜醋炖圆蹄  
Sweet Vinegar Braised Pork Knuckle with Luoping  
Yellow Ginger

¥148 / 例



酸菜煮嫩牛前腱子肉  
Stewed Beef Shank with Pickled Vegetables

¥148 / 例

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夏季时令菜式

## SUMMER SEASONAL DISHES



热情果莲花百合  
Passion Fruit and Lily Bulb Salad

¥58 / 例



火把鸡枞菌蒸无骨走地茶山鸡  
Steamed Boneless Free-range Chicken with  
Termite Mushrooms

¥188 / 例

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夏季时令菜式

## SUMMER SEASONAL DISHES



腾冲本地粉菌砂锅焗无骨走地茶山鸡  
Casserole-baked Boneless Free-range Tea Mountain  
Chicken with Tengchong Pink Mushrooms

¥188 / 例

云南珊瑚菌炒云岭牛双脆  
Yunnan Coral Mushrooms Stir-fried with Beef  
Tendon and Breast Oil

¥198 / 例

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夏季时令菜式

## SUMMER SEASONAL DISHES



新鲜火把鸡枞菌 (250g)  
Fresh Termite Mushroom (250G)

烹饪方式: 红枣蒸、青椒炒、宣威火腿炒

Cooking Options: Steamed with Red Dates, Stir-fried with Green Chili,  
Stir-fried with Xuanwei Ham

¥298/例



新鲜腾冲本地粉菌 (250g)

Fresh Tengchong Pink Mushroom (250G)

烹饪方式: 青椒炒、干椒蒜片炒、宣威火腿炒

Cooking Options: Stir-fried with Green Chili, Stir-fried with  
Dried Chili & Garlic, Stir-fried with Xuanwei Ham

¥228/例

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夏季时令菜式

## SUMMER SEASONAL DISHES



新鲜松茸菌 (250g)  
Fresh Matsutake Mushroom (250G)

烹饪方式: 宣威火腿炒、酥油煎  
Cooking Options: Stir-fried with Xuanwei Ham, Fried with Butter

¥398/例



新鲜青头菌  
Tengchong "Dajiu Jia" Fried Rice Noodles

烹饪方式: 青椒炒、干椒蒜片炒、宣威火腿炒  
Cooking Options: Stir-fried with Green Chili, Stir-fried with Dried Chili Garlic, Stir-fried with Xuanwei Ham

¥188/例

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夏季时令菜式

SUMMER SEASONAL DISHES



新鲜竹荪菌小河虾三鲜烩莲花百合

Lily Bulb Braised with River Shrimp and Fresh Dictyophora Mushroom

¥98/例

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绿色健康时令蔬菜  
HEALTHY SEASONAL VEGETABLES



羊肚菌芦笋炒百合

Stir-fried Morel Mushroom with Asparagus and Lily Bulb

¥78/例

干椒蒜片炒高黎贡小角瓜

Fried Gaoligong Zucchini with Garlic & Dried Chili

¥68/例

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绿色健康时令蔬菜

## CHEF'S RECOMMENDATIONS



蘸水小苦菜

Wild Bitter Lettuce with Local Sauce

¥48/例



豌豆苗

Pea Shoots

烹饪方式：腊腌菜炒、清炒、蒜蓉炒、上汤煮、浆汤鲜腐皮煮  
Cooking Options: Stir-fried with Pickled Vegetables, Plain Stir-fry,  
Garlic Stir-fry / Boiled in Broth / Cooked with Tofu Sheets

¥48/例

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绿色健康时令蔬菜

## CHEF'S RECOMMENDATIONS



洋瓜尖  
Chayote Shoots

烹饪方式：腊腌菜炒、清炒、蒜蓉炒、上汤煮、浆汤鲜腐皮煮  
Cooking Options: Stir-fried with Pickled Vegetables, Plain Stir-fry,  
Garlic Stir-fry / Boiled in Broth / Cooked with Tofu Sheets

¥48 / 例



长蕊甜菜  
Long-stamen Beet

烹饪方式：腊腌菜炒、清炒、蒜蓉炒、上汤煮、浆汤鲜腐皮煮  
Cooking Options: Stir-fried with Pickled Vegetables, Plain Stir-fry,  
Garlic Stir-fry / Boiled in Broth / Cooked with Tofu Sheets

¥88 / 例

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本地风味主食 / 甜品

## LOCAL FLAVORFUL STAPLES & DESSERTS



铜锅腾冲本地粉菌宣威火腿焖饭  
Copper Pot Braised Rice with Tengchong Pink  
Mushroom & Xuanwei Ham

¥138 / 例



草果粉洋芋腊鹅铜锅焖饭  
Copper Pot Braised Rice with Cured Goose,  
Potato and Black Cardamom Spice

¥108 / 例

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本地风味主食 / 甜品

## LOCAL FLAVORFUL STAPLES & DESSERTS



松茸 XO 酱宣威火腿青椒干巴菌焖饭  
Matsutake & Ganba Mushroom Braised Rice with  
XO Sauce, Xuanwei Ham & Green Chili

¥168 / 例



彩云之南经典砂锅米线  
Yunnan Classic Casserole Rice Noodles

¥58 / 例

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本地风味主食 / 甜品

## LOCAL FLAVORFUL STAPLES & DESSERTS



酥炸摩登粑粑配蜂蜜  
Crispy Fried Local Pancake with Honey

¥58 / 例



悦榕现烤玫瑰鲜花饼  
Fresh-baked Rose Flower Cake

¥12 / 个

Before ordering, please speak to a member of staff if you have any food allergies or intolerances

在点餐之前，如果您对食物过敏或不耐受，请告知我们工作人员

Native & Signature 招牌及本地

Wellbeing Dish 养修菜

Lactose Free 无乳糖

Gluten Free 无麸质





本地风味主食 / 甜品

## LOCAL FLAVORFUL STAPLES & DESSERTS



石斛花甜白酒炖桃胶雪燕  
Dendrobium Flower & Natural Wild Tragacanth Gum in  
Sweet Rice Wine

¥48 / 例



牛肝菌荠菜破酥包  
Flaky Bun with Boletus & Shepherd's Purse Filling

¥68 / 例

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松露薯条配芝士香肠  
Truffle French Fries with Cheese Sausage

¥98/例

松露薯条  
Truffle French Fries

¥78/例

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儿童精选  
KIDS' MENU



传统肉酱意面  
Traditional Spaghetti Bolognese

¥138/例

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