



BANYAN TREE
SPA

SPA & WELLBEING MENU



BANYAN TREE SPA HUANGSHAN



BANYAN TREE
HUANGSHAN
黄山悦榕庄

Sanctuary for the Senses

Welcome to Banyan Tree Spas, a sanctuary for the senses, a place of solace, reflection.

At Banyan Tree Spas, we offer holistic concept of Asian wellbeing experiences designed to guide our guests and associates on their journey, helping them feel balanced, restored, and joyful.

Our evidence-based approach combines ancient Asian cultural practices and harmony with nature, with a range of offerings to meet health-conscious lifestyle aspirations.

PLEASE TAKE A MOMENT TO READ

ETIQUETTE

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

CALM TIME

30-minute Calm Time ritual for refreshments and relaxation per visit except for hand, foot and select a la carte treatments.

CHECK-IN

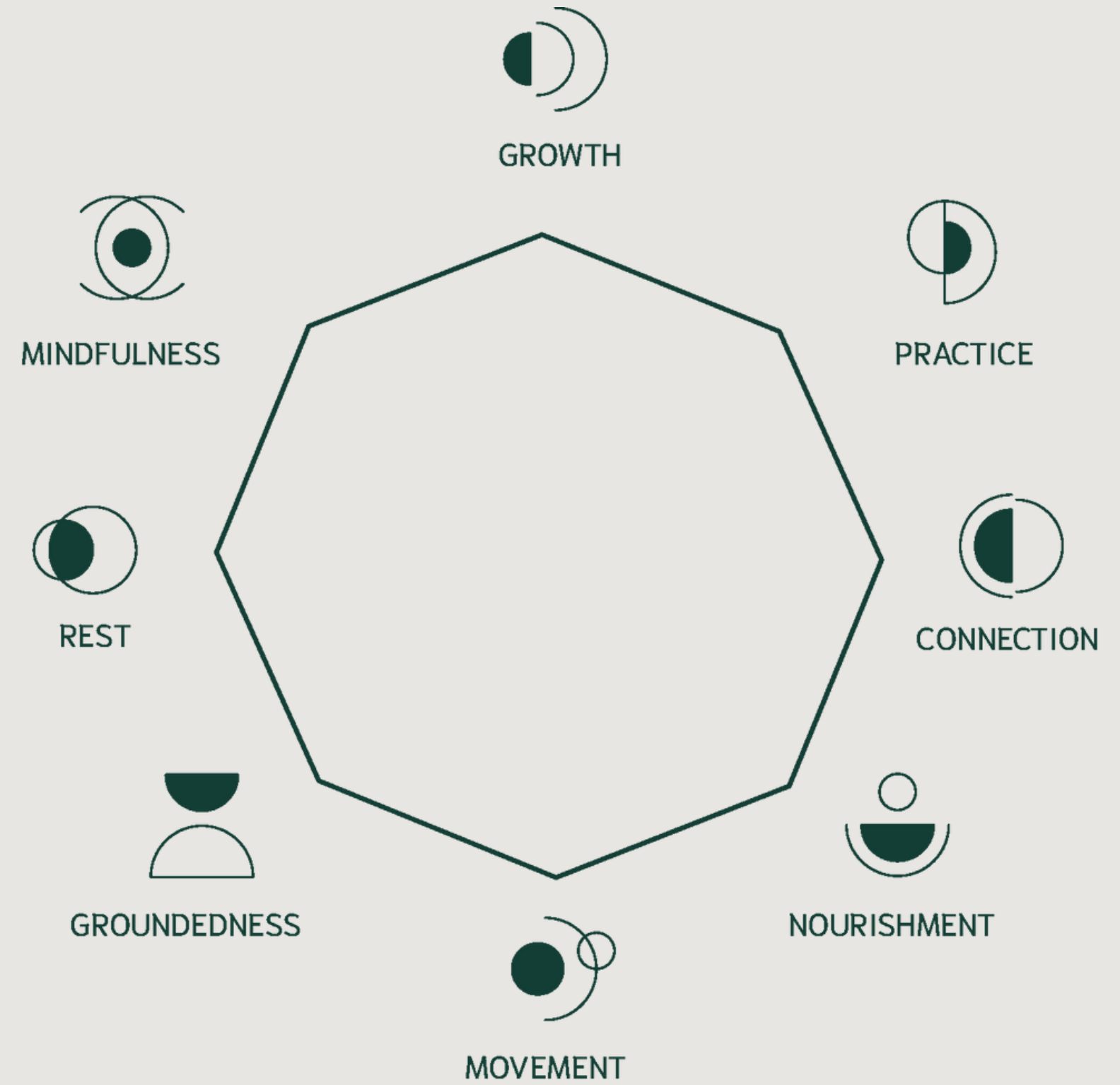
Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.



WELLBEING PILLARS

At Banyan Tree we believe that we are all interconnected – through the connection to self, others, and the natural world around us.

Our Spa & Wellbeing offerings are thoughtfully designed around our proprietary 8 Pillars of Wellbeing, each addressing a fundamental aspect of a balanced, joyful, and fulfilled life. These pillars guide our holistic approach to rejuvenation, promoting harmony within and around you.





ASIAN HERBAL REMEDY

Applied to all massages via personalized consultations

Discover the ancient art of Asian herbal remedy oil blending, a timeless tradition rooted in holistic healing and balance. This practice draws from centuries-old wisdom in Southeast Asian wellness traditions, combining nature's finest herbs and botanicals to create therapeutic oils that nurture the body, and mind.

These oils are blended with intention, promoting relaxation, recovery, or relief from stress and discomfort. Applied to all massages via personalized consultations these blends harness the power of nature to enhance energy, soothe muscles, and uplift the mind.





BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan | 150-minute treatment | RMB 2,668

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser, Royal Banyan Herbal Pouch Massage, Jade Face Massage, Therapeutic Herbal Bath.





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Sense of Place – Huangshan heritage | 150-minute treatment |
RMB 2,300

Designed exclusively for Banyan Tree Spa Huangshan In celebration of the local tea culture , the Huangshan Heritage treatment features a delicate and aromatic mix of Maofeng Carya Body Scrub and Maofeng Tea Bath that soothe the senses and promote deep relaxation. Traditional Oriental massage techniques are adopted to loosen tense muscles for a pampering treatment set against an idyllic mountainous backdrop.

Maofeng Carya Body Scrub • Oriental Massage • Oriental Face Massage • Steam Bath • Maofeng Tea Bath

Prices are inclusive of 10% service charge and 6% government tax



BANYAN TREE SPA HUANGSHAN



BANYAN SIGNATURES

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Master Therapist Experience | 90-minute treatment | RMB 2,300

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.





TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Chinese Traditions | 90-minute treatment | RMB 1,880

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massages, Oriental Head Massage.





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Indonesian Traditions | 120-minute treatment | RMB 1,980

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage, Lulur Purifier, Yoghurt Body Splash, Fresh Milk Nourisher, Jamu Bath.





TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Thai Traditions | 120-minute treatment | RMB 1,980

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher, Thai Herbal Heat Treatment, Herbal Enhancer, Thai Classic Massage, Aromatic Ginger Bath.





TAILORED FOR YOUR SENSES

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

90-minute treatment	RMB 1,700
120-minute treatment	RMB 2,100
150-minute treatment	RMB 2,500

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*For optimal relaxation and benefits, the duration of combined massages would be 90 minutes.





MASSAGE THERAPY

RECOVERY

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm "Clarity Oil" is used in all massages to soothe nerves and moisturise skin.

BODYWORK

A new range of body works with scientific techniques and methods that promote health. Each treatment helps to alleviate modern lifestyle issues, such as lack of quality sleep, extensive work hours and living in cities.





RECOVERY MESSAGES

30-minute treatment | RMB 680

45-minute treatment | RMB 880

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Surrender the Mind

Scalp, neck and face are preciously massaged with concentration, intuition and care. Deep tension relief follows with heated compress.



BODYWORK MANUAL THERAPIES

60-minute treatment | RMB 1,180

90-minute treatment | RMB 1,380

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.



BODY TREATMENTS

30-minute treatment | RMB 680

BODY SCRUBS

BODY CONDITIONERS



BODY SCRUBS & CONDITIONERS

30-minute treatment | RMB 680

Apple Green Tea Polisher

For All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

For Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Turmeric Honey Cleanser

For All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

Aloe Lavender Healer

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.



SKIN HEALTH

Indulge in our facial treatments which will leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.



Prices are inclusive of 10% service charge and 6% government tax



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SKIN HEALTH

Luminescence Restorer | 90-minute treatment | RMB 1,480

Indulge in an innovative anti-aging treatment to diminish fine lines, restore youthfulness and deeply hydrate the skin. A complete facial ritual for those seeking a sophisticated lifting treatment, this facial is enriched with skin regenerating and antioxidant ingredients to reinforce the skin's natural defense against free radicals for a glow of refreshed vitality.

Calming Soother| 60-minute treatment | RMB 1,280

Suitable for the most delicate skin, this hypoallergenic and paraben-free facial effectively nourishes, stimulates, and calms irritated skin with a Tolerance Recovery Cream containing peptide complex. The soothing mask, infused with floral and green tea extracts, balances the skin tone. Complete this unique experience with a light ultra-hydrating fluid that leaves the skin glowing and refreshed.

Banyan Facial| 0-minute treatment | RMB 1,280

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look. Suitable for all skin types.

Facials Express | 0-minute treatment | RMB 780

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing, Scrub, Mask, Moisturise | Cleansing, Massage, Moisturise | Cleansing, Scrub, Massage, Moisturise.





VALUABLES

We recommend that no jewellery be worn on the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the spa are prohibited.

CANCELLATION POLICY

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

REFUND POLICY

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

GIFT CERTIFICATES

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.



Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional treatment for any condition, medical or otherwise, that guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

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