



BANYAN TREE
SPA

SPA & WELLBEING MENU

BANYAN TREE SPA ZHUHAI PHOENIX BAY



SANCTUARY FOR THE SENSES

Welcome to Banyan Tree Spas, a sanctuary for the senses, a place of solace, reflection.

At Banyan Tree Spas, we offer holistic concept of Asian wellbeing experiences designed to guide our guests and associates on their journey, helping them feel balanced, restored, and joyful.

Our evidence-based approach combines ancient Asian cultural practices and harmony with nature, with a range of offerings to meet healthconscious lifestyle aspirations.

BANYAN SIGNATURES

TIME-HONOURED TRADITIONS

PURPOSEFUL THERAPIES

FULL BODY MESSAGES

FUSION FOCUS

BODY SCRUBS

BODY CONDITIONERS

CALMING BATHS

FACIALS



BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures feature holistic treatments for your complete physical, mental and spiritual renewal.

TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.





BANYAN SIGNATURES

Royal Banyan **150-minute treatment | RMB 2,688**

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

- Coriander Cucumber Cleanse
- Royal Banyan Herbal Pouch Massage • Jade Face Massage

Master Therapist Experience **90-minute treatment | RMB 1,688**

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.

All prices are subject to 10% service charges and 6% taxes



TIME-HONOURED TRADITIONS

Chinese Traditions

90-minute treatment | RMB 1,588

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

- Oriental Massage • Oriental Head Massage

Indonesian Traditions

120-minute treatment | RMB 1,788

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

- Balinese Massage • Lulur Purifer • Yoghurt Body Splash
- Fresh Milk Nourisher • Jamu Bath

Thai Traditions

120-minute treatment | RMB 1,988

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

- Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer
- Thai Classic Massage • Aromatic Ginger Bath

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MASSAGE THERAPY

PURPOSEFUL THERAPIES

Modern wellbeing problems require modern solutions. With our new range of purposeful wellbeing experiences and therapeutic massages, we aim to address and alleviate today's issues of sleep deprivation, chronic physical tension, and mental fatigue. Drawing on science-based techniques derived from years of research and experience, each treatment relieves your body of toxins, tension, and mental strain.

FULL BODY MESSAGES

Choose from an indulgent array of massages and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

FUSION FOCUS

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.





PURPOSEFUL THERAPIES

90-minute treatment | RMB 1,388

Restorative Detox

This massage stimulates the body's circulatory system by kneading movements around the lymph nodes beneath the skin. Pressure point techniques combine with a deep and firm pressure to stimulate blood flow and promote the body's removal of waste and toxins.

Mobility Stretch

Daily stress causes chronic tension of the limbs and muscles. This therapy utilises extended stretch works so as to ease physical strain and tension and improve the body's mobility and flexibility. It is an ideal treatment for post-exercise recovery.

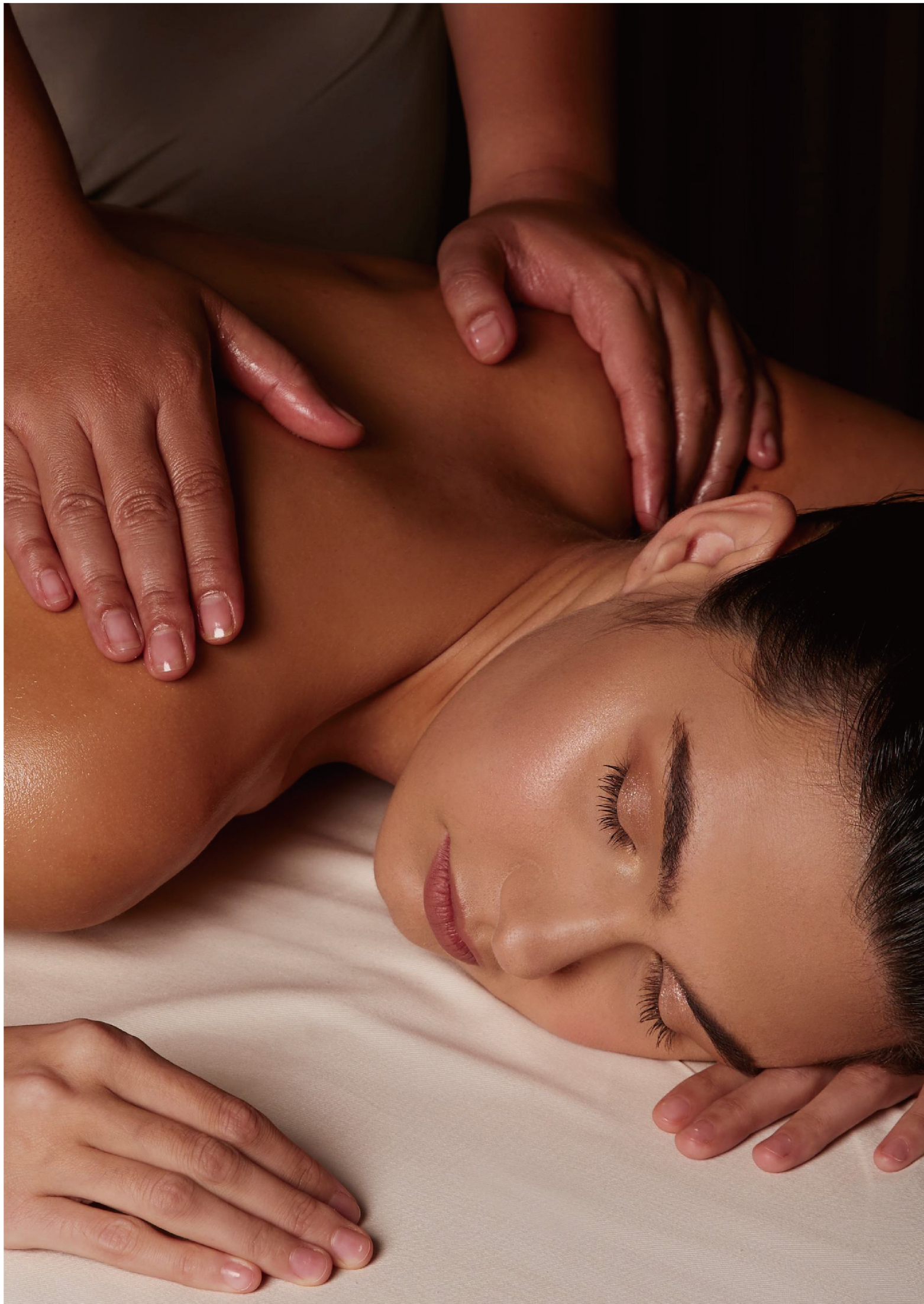
Urban Relief

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reduce muscle stiffness by combining trigger points and myofascial massage techniques.

Sleep Essentials

A unique ritual that combines different evidence-based techniques and approaches to bring the mind and body to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. This experience may be extended for a longer session, to promote further relaxation.

All prices are subject to 10% service charges and 6% taxes



FULL BODY MASSAGES

60-minute treatment | RMB 1,088

90-minute treatment | RMB 1,388

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

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FUSION FOCUS

30-minute treatment | RMB 588

45-minute treatment | RMB 788

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

All prices are subject to 10% service charges and 6% taxes

BODY TREATMENTS

BODY SCRUBS

BODY CONCONDITIONERS

CALMING BATHS





BODY SCRUBS

30-minute treatment | RMB 588

Apple Green Tea Polisher

For All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

For Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kieffer Lime Refresher

For Normal & Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

For All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

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BODY CONDITIONERS

30-minute treatment | RMB 588

Aloe Lavender Healer

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefit.

Honey Avocado Healer

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kieffer Lime Mask

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

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CALMING BATHS

30-minute treatment | RMB 488

Detoxing Bath

Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.

Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

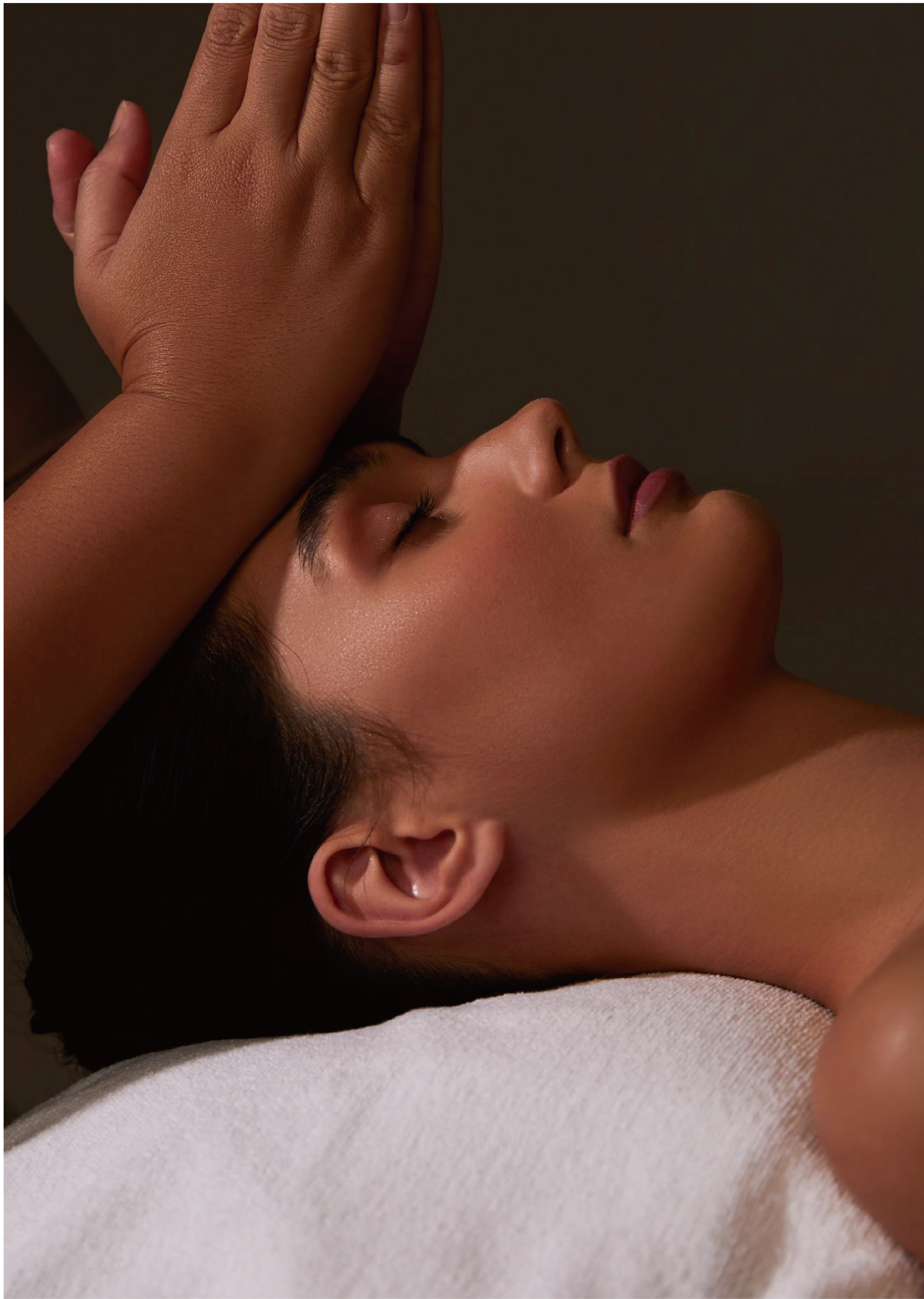
Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

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FACIALS

Radiance Revival

60-minute treatment | RMB 1,388

For Purifying

A blissful treat to the face, this facial encourages the oxygen intake of the skin to restore radiance and effectively lighten pigmentation and dark spots. A firming mask will help to alleviate fatigue and stressed skin, bringing about a clearer and radiant-looking complexion.

Anti-Oxidant Illuminator

90-minute treatment | RMB 1,788

For Hydrating

A revitalising anti-oxidant facial that deeply focuses on protecting the skin from environmental pollutants while providing exceptional firmness. The experience begins with a gentle exfoliation before an application of an anti-ageing serum for maximum hydration. The experience rounds off with a massage to enhance clarity and a restoring mask that locks in the moisture for an instant glow.

Calming Soother

60-minute treatment | RMB 1,388

For Soothing

Suitable for the most delicate skin, this hypoallergenic and paraben-free facial effectively nourishes, stimulates, and calms irritated skin with a Tolerance Recovery Cream containing peptide complex. The soothing mask, infused with floral and green tea extracts, balances the skin tone. Complete this unique experience with a light ultra-hydrating fluid that leaves the skin glowing and refreshed.

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FACIALS

Luminescence Restorer **90-minute treatment | RMB 1,788**

Indulge in an innovative anti-aging treatment to diminish fine lines, restore youthfulness and deeply hydrate the skin. A complete facial ritual for those seeking a sophisticated lifting treatment, this facial is enriched with skin regenerating and antioxidant ingredients to reinforce the skin's natural defense against free radicals for a glow of refreshed vitality.

Pure Revitaliser **90-minute treatment | RMB 1,988**

This is the ultimate facial indulgence to reduce fine lines and restore luminosity to the skin. A gentle peel is applied before a triple facial massage is performed to revitalise and deeply hydrate the skin. A double mask to lighten pigmentation completes the ritual.

All prices are subject to 10% service charges and 6% taxes



FACIALS

Banyan Facial 60-minute treatment | RMB 1,088

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturises and brightens the skin, giving the face a fresh and healthy look. Suitable for all skin types.

Express 30-minute treatment | RMB 588

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise OR Cleansing • Massage • Mask • Moisturise
OR Cleansing • Scrub • Massage • Moisturise

All prices are subject to 10% service charges and 6% taxes

PLEASE TAKE A MOMENT TO READ

ETIQUETTE

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

CALM TIME

30-minute Calm Time ritual for refreshments and relaxation per visit except for hand, foot and select a la carte treatments.

CHECK-IN

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

VALUABLES

We recommend that no jewelry be worn on the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the spa are prohibited.

CANCELLATION POLICY

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

REFUND POLICY

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

GIFT CERTIFICATES

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

DISCLAIMER

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional treatment for any condition, medical or otherwise, that guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities .

