BANYAN TREE
SPA

STEP INTO A SANCTUARY FOR THE SENSES

Going back to basics, where wellness is simply about embracing the nature and surrendering to the art of human touch are what our Founder and Executive Chairman, Mr. Ho Kwon Ping had in mind when he first started the spa.

These ideals became the cornerstones of Banyan Tree Spa, pioneer of the tropical garden spa concept. Over the years, the intuitive touch of our spa therapists, the seamless blend of serenity with exotic sensuality and the beauty of the natural environment have come to define the award-winning Banyan Tree Spa experience.

Enjoy the difference.

BANYAN TREE
SPA

MENU

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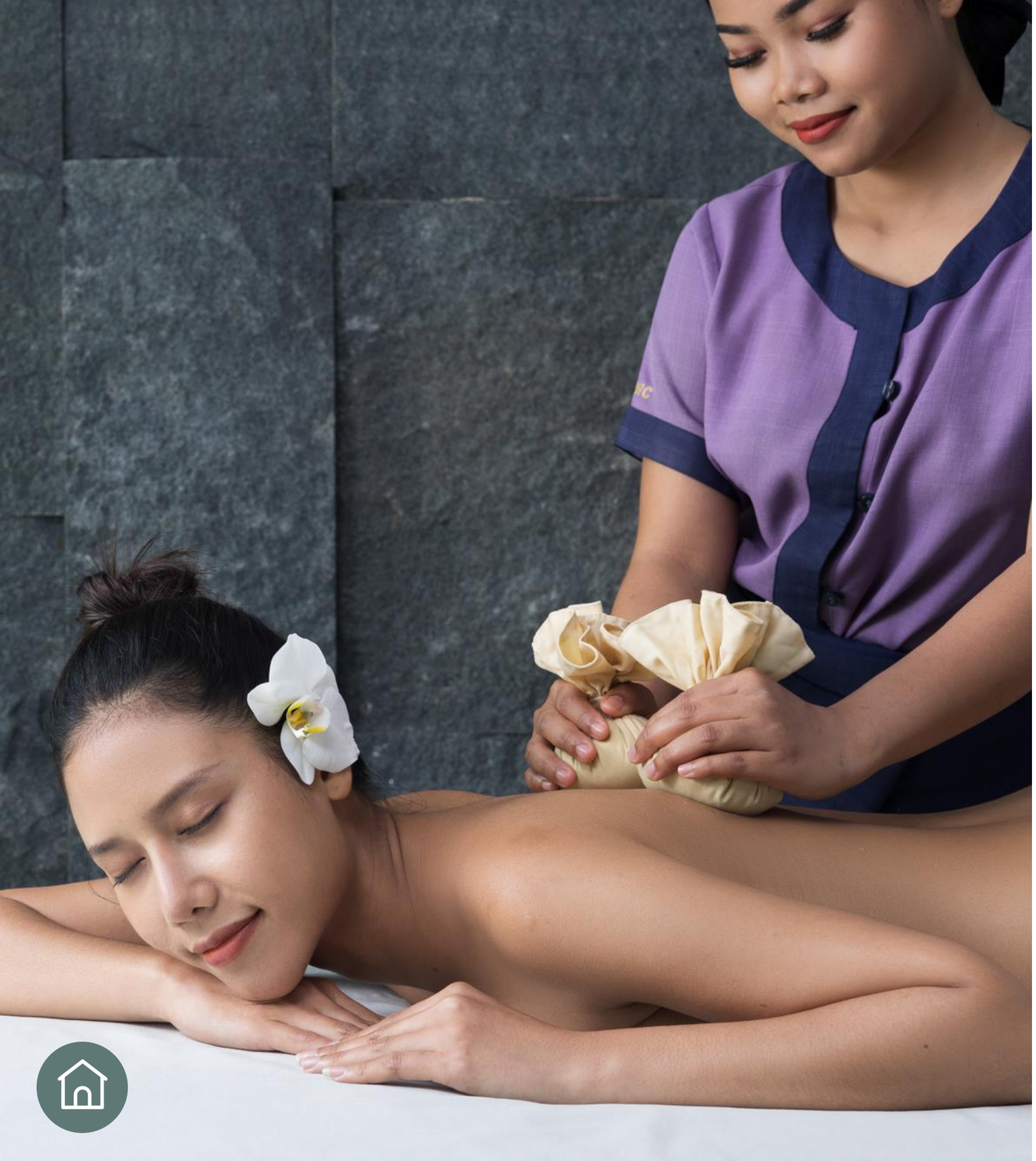
THE RAINFOREST



BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan

150-minute treatment	*THB 10,500*

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath

Prices are inclusive of 10% service charge and 7% government tax

BANYAN SIGNATURES

Sense of Place - Krabi Tranquility

150-minute treatment	*THB 12,000*

Indulge in the essence of local nature as your skin is polished with calming Sky Flower leaf and Jasmine, bringing a soothing sense of serenity. Warmed Agate stones are then placed on key points, followed by the flowing circular strokes of a Naka Fusion Stone massage, designed to release tension and ease emotional fatigue.

Krabi Tranquility is inspired by the rich cultural heritage of this ancient port city, with a history spanning over two millennia and a diverse population. To enhance the Chakras, or key energy centers, represented by Naka Fusion Stones and their coordinating colors; a tranquil atmosphere is created to heighten awareness of mental energy, bodily sensations and emotional wellbeing. A variety of traditional Asian therapies are combined with locally-sourced ingredients and time-honoured massage techniques to complete the experience.

Jasmine & Sky Flower Leaf Polisher • Naka Fusion Stone Massage • Naka Head Massage • Aromatic Coconut Milk Bath

Prices are inclusive of 10% service charge and 7% government tax

BANYAN SIGNATURES

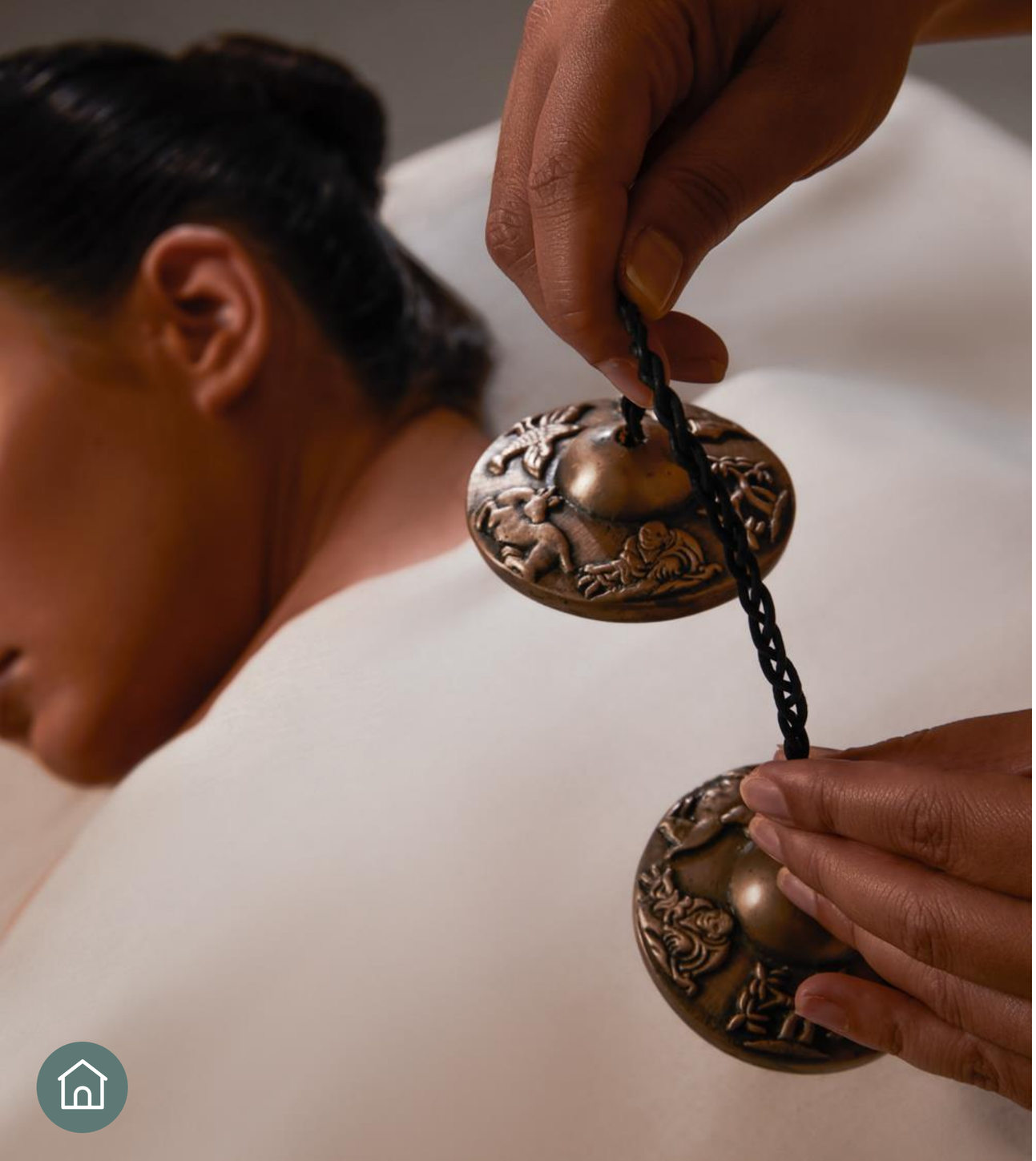
Tropical Rainmist

120-minute treatment	*THB 9,000*

Widely known as Banyan Tree Spa's innovation, unwind in the sensory pleasures of the trickling Rain Shower. An invigorating body scrub purifies before the skin is boosted with extra moisture. This experience brings you perfect tranquility as tension is kneaded away by the therapeutic touch of the therapist.

Choice of Massage • Bath Soak • Steam Bath • Rain Shower • Cleansing Mitt Scrub • Rain Shower • Honey Milk Nourisher • Rainshower with Hair Wash

Prices are inclusive of 10% service charge and 7% government tax



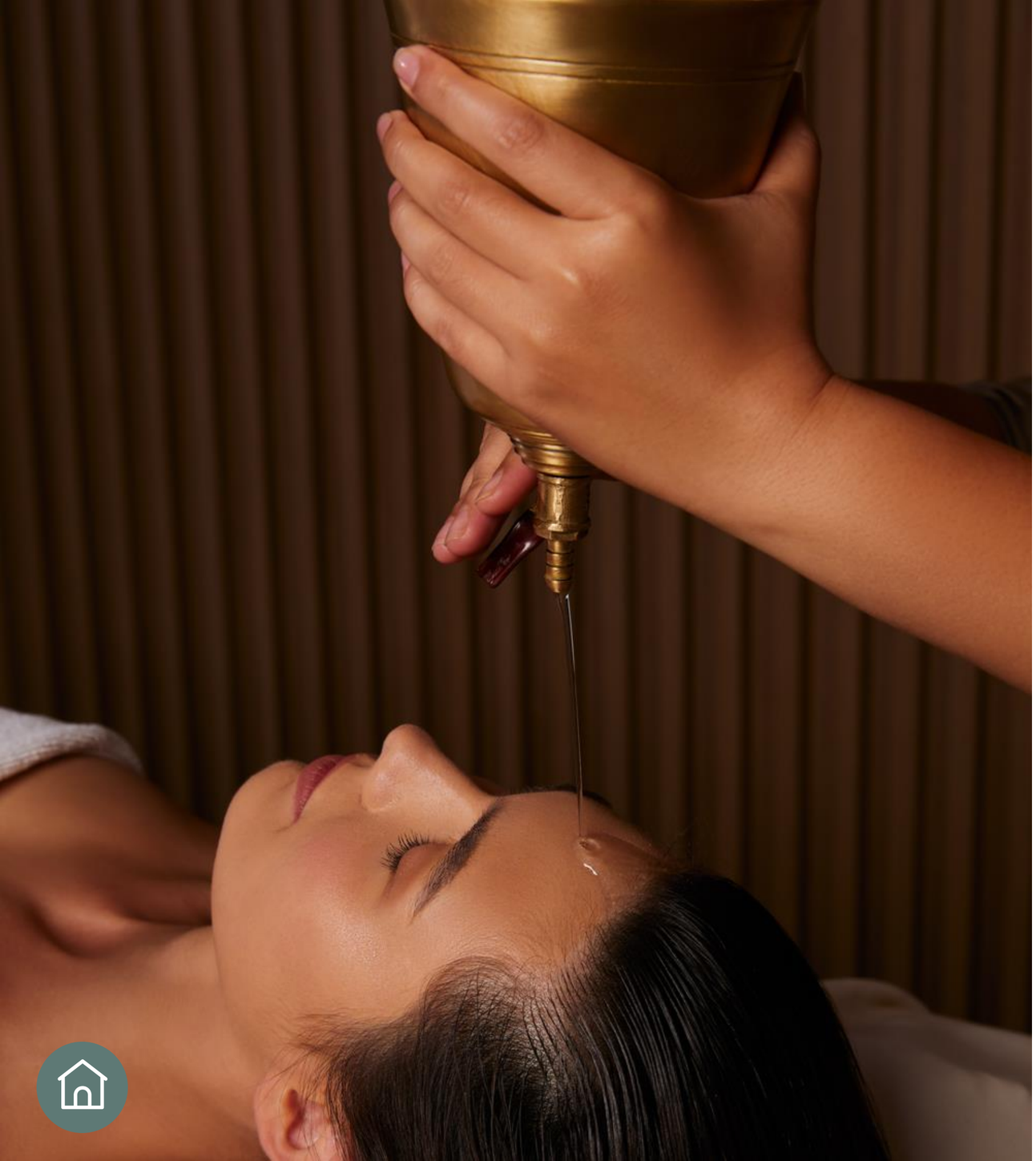
BANYAN SIGNATURES

Master Therapist Experience

90-minute treatment	*THB 6,500*

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.

Prices are inclusive of 10% service charge and 7% government tax



TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Chinese Traditions

90-minute treatment	*THB 7,500*

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

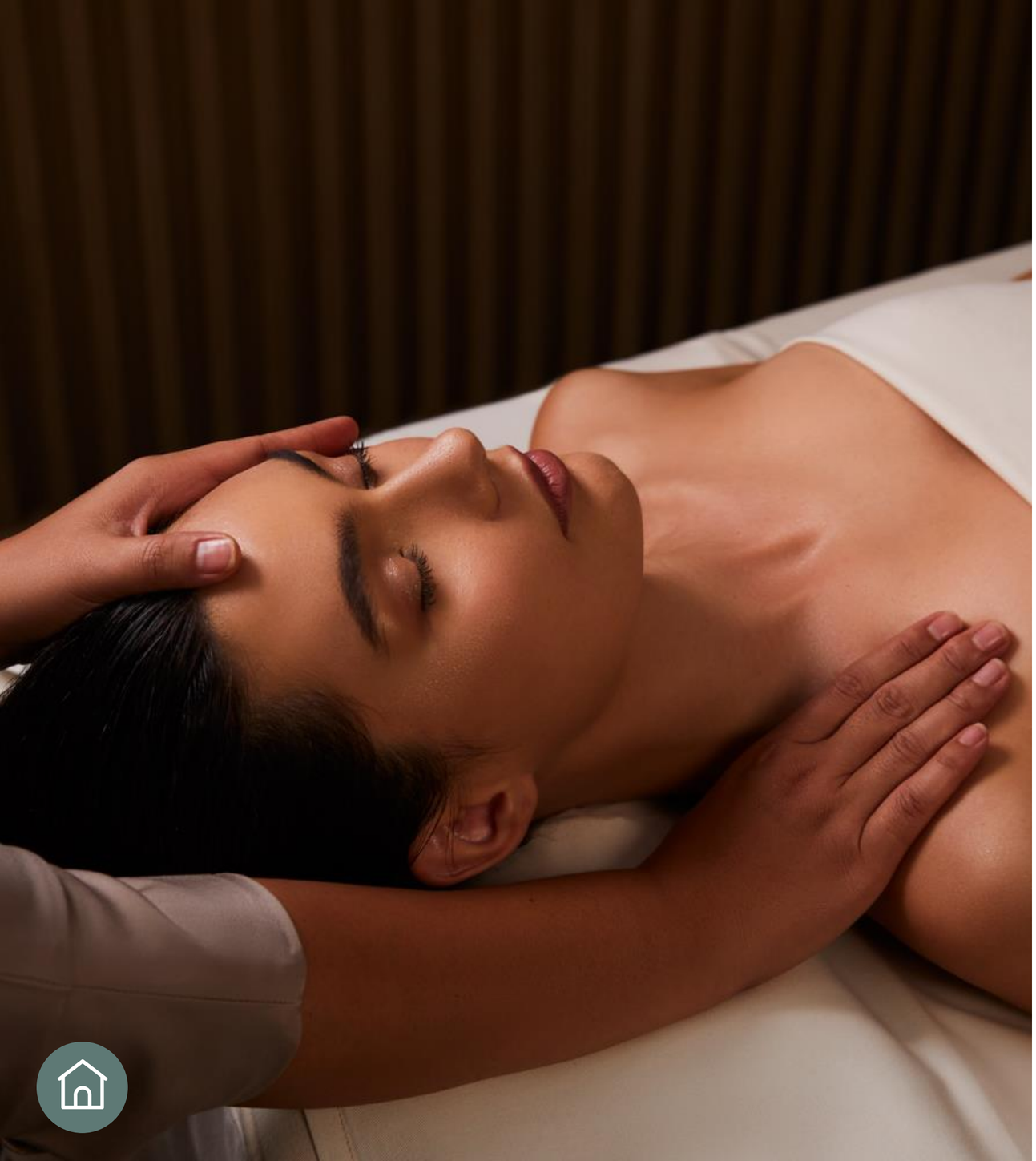
Indian Traditions

90-minute treatment	*THB 7,500*

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara • Lepanam • Steam Bath

Prices are inclusive of 10% service charge and 7% government tax



TIME-HONOURED TRADITIONS

Indonesian Traditions

120-minute treatment	*THB 8,500*

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath

Thai Traditions

120-minute treatment	*THB 8,500*

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer • Thai Classic Massage • Aromatic Ginger Bath

Prices are inclusive of 10% service charge and 7% government tax

TAILORED FOR YOUR SENSES

90-minute treatment	*THB 6,500*
120-minute treatment	*THB 8,000*
150-minute treatment	*THB 9,500*

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes. Prices are inclusive of 10% service charge and 7% government tax

PURPOSEFUL THERAPIES

60-minute treatment	*THB 5,000*
90-minute treatment	*THB 6,000*

Restorative Detox

This massage stimulates the body's circulatory system by kneading movements around the lymph nodes beneath the skin. Pressure point techniques combine with a deep and firm pressure to stimulate blood flow and promote the body's removal of waste and toxins.

Urban Relief

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reduce muscle stiffness by combining trigger points and myofascial massage techniques..

PURPOSEFUL THERAPIES

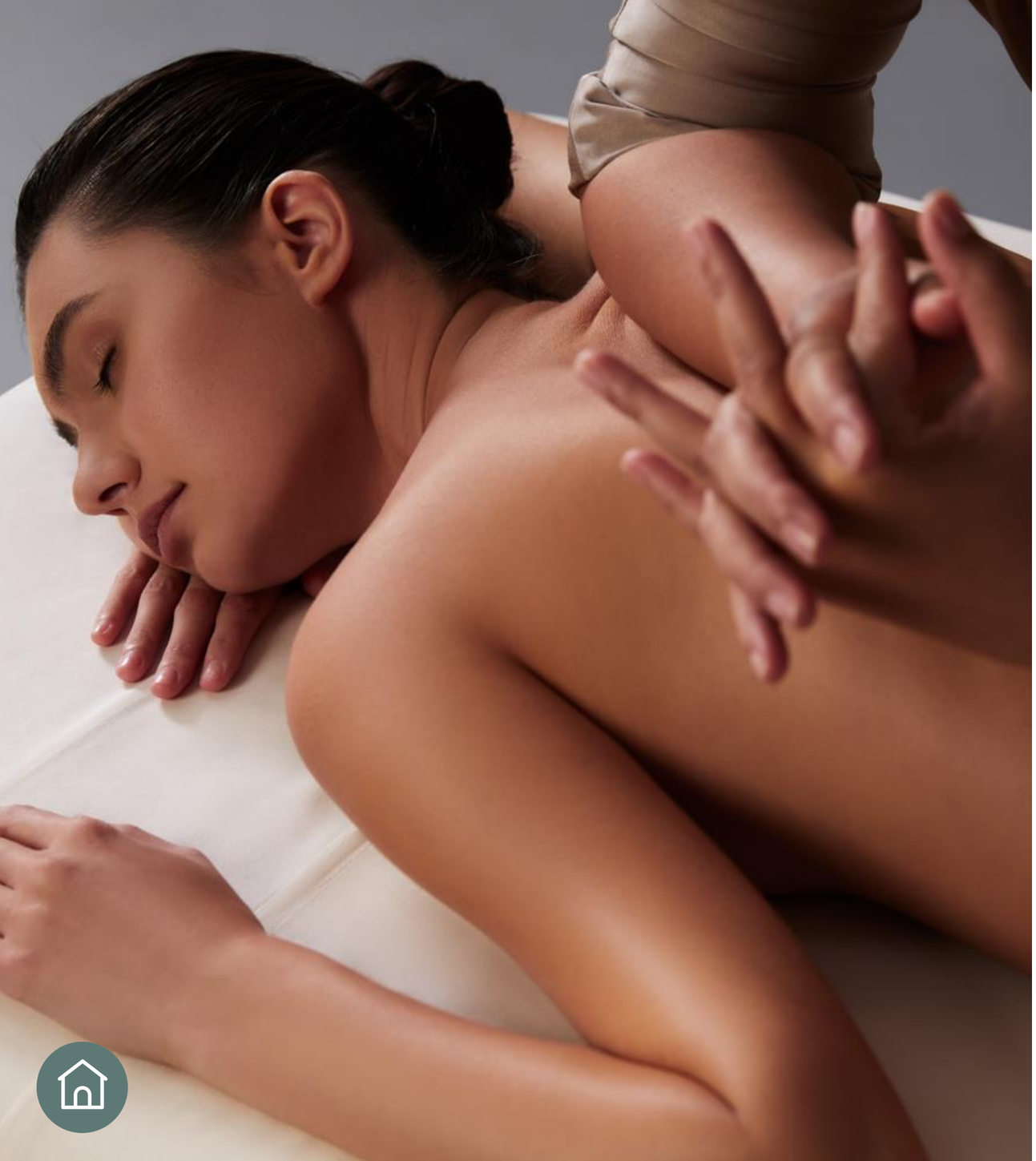
60-minute treatment	*THB 5,000*
90-minute treatment	*THB 6,000*

Sleep Essentials

A unique ritual that combines different evidence-based techniques and approaches to bring the mind and body to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. This experience may be extended for a longer session, to promote further relaxation.

Mobility Stretch

Daily stress causes chronic tension of the limbs and muscles. This therapy utilises extended stretch works so as to ease physical strain and tension and improve the body's mobility and flexibility. It is an ideal treatment for post-exercise recovery.



FULL BODY MASSAGES

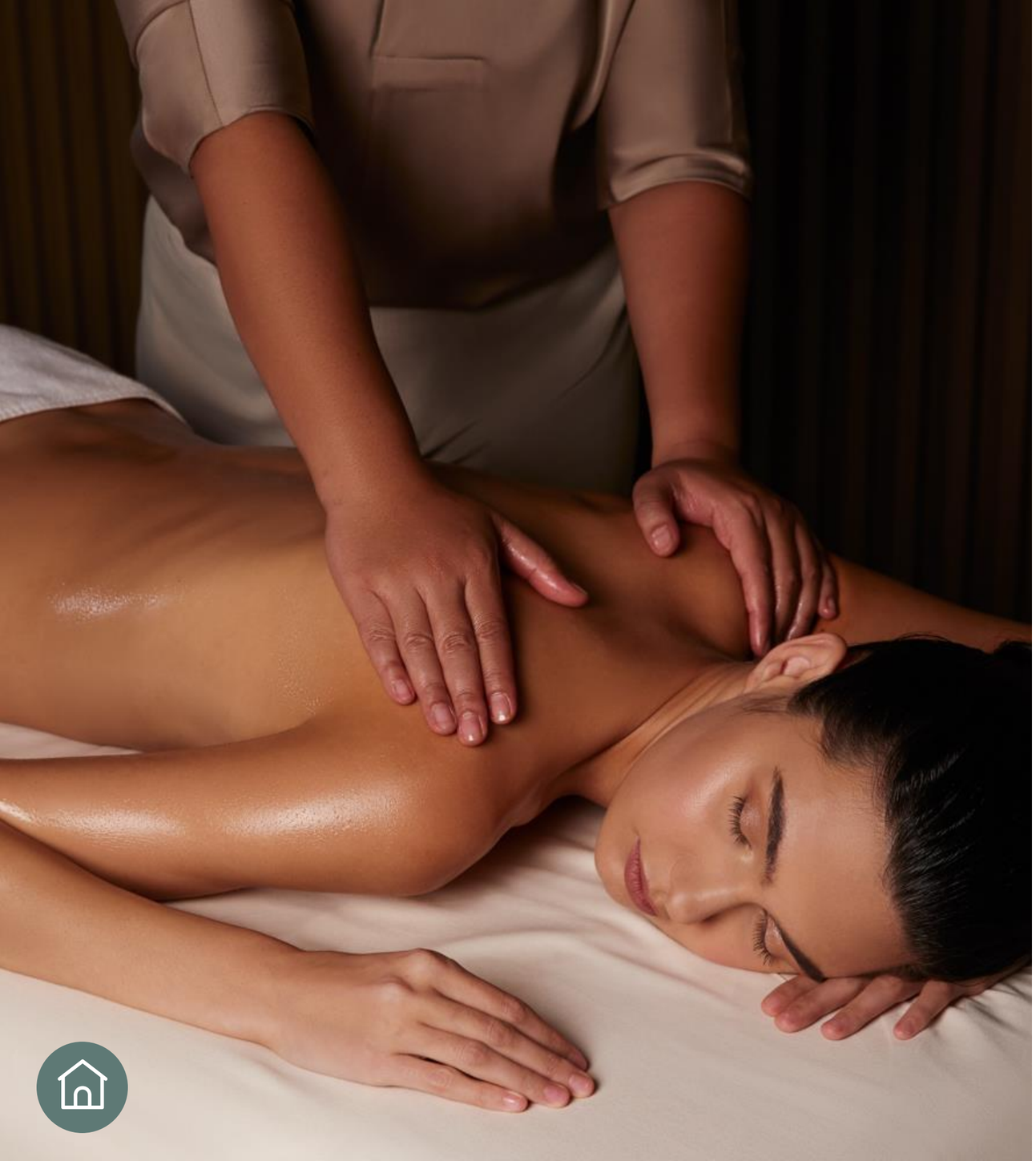
60-minute treatment	*THB 4,800*
90-minute treatment	*THB 5,800*

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Prices are inclusive of 10% service charge and 7% government tax



FULL BODY MASSAGES

60-minute treatment	*THB 4,500*
90-minute treatment	*THB 5,500*

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

Prices are inclusive of 10% service charge and 7% government tax

FUSION FOCUS

30-minute treatment	*THB 2,500*
45-minute treatment	*THB 3,500*

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

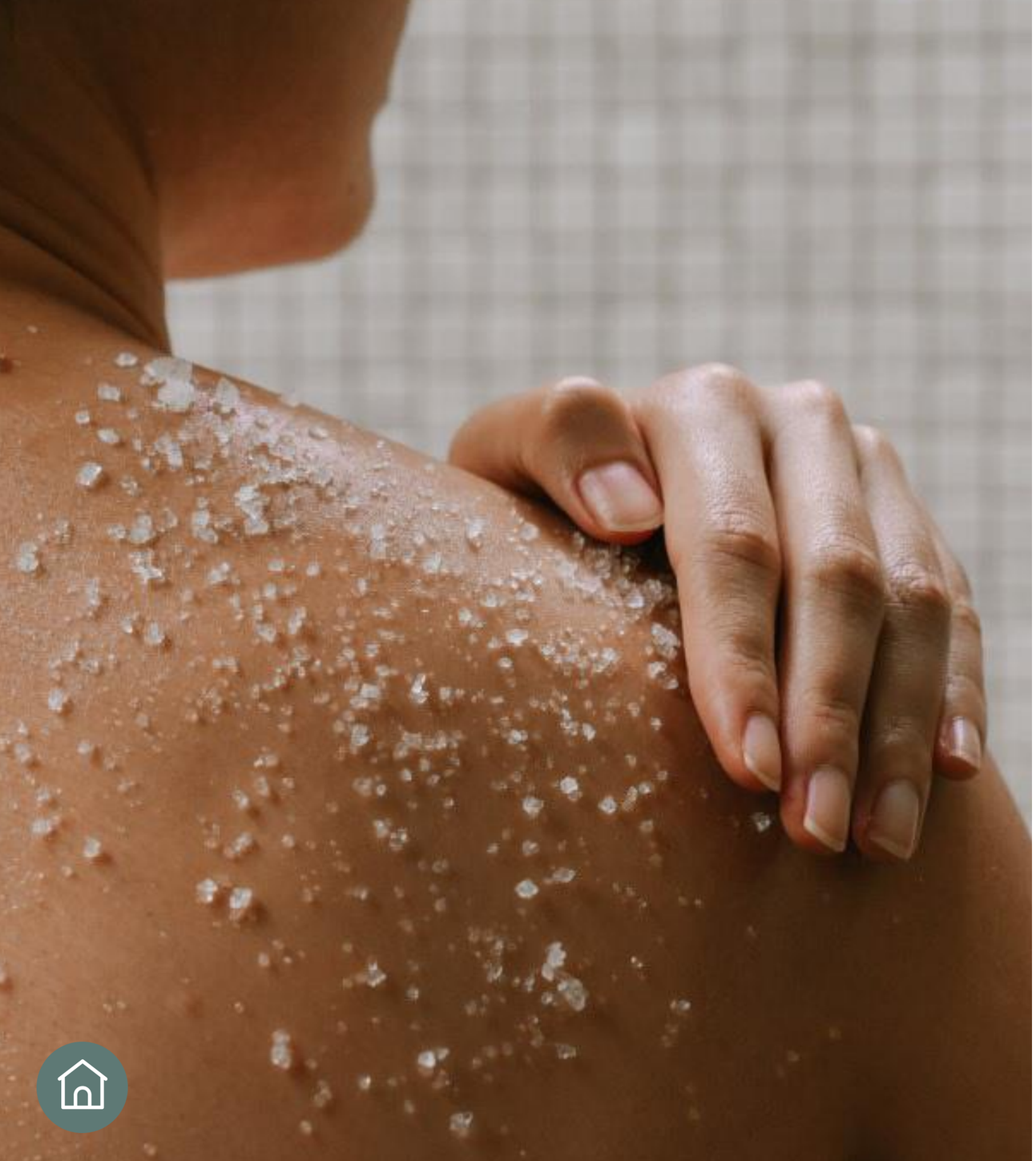
Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

Prices are inclusive of 10% service charge and 7% government tax



BODY SCRUBS

30-minute treatment — *THB 2,500*

Apple Green Tea Polisher

for All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

for Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kieffer Lime Refresher

for Normal & Oily Skin

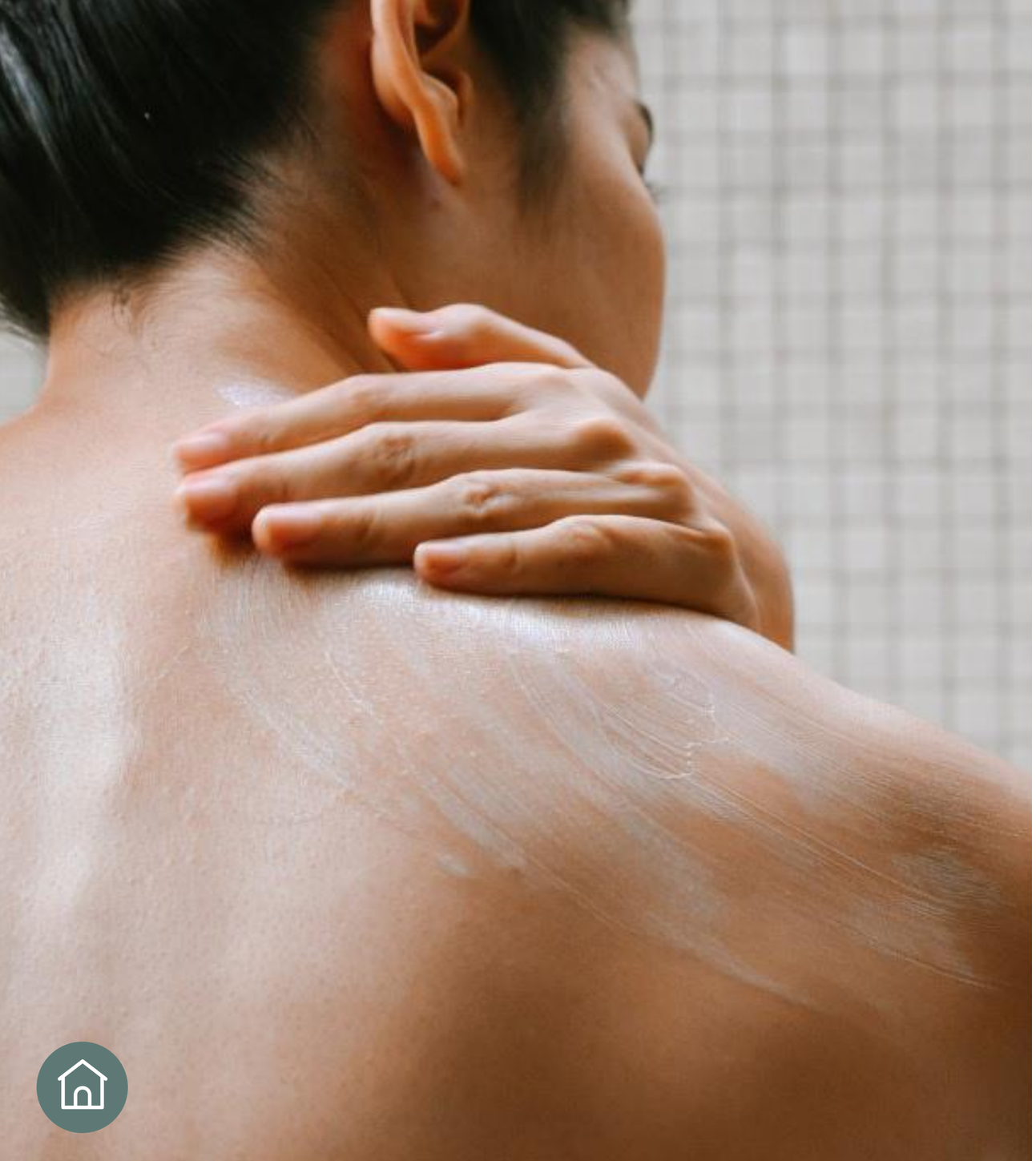
Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

for All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

Prices are inclusive of 10% service charge and 7% government tax



BODY CONDITIONERS

30-minute treatment	*THB 2,500*

Aloe Lavender Healer

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kieffer Lime Mask

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

Prices are inclusive of 10% service charge and 7% government tax

CALMING BATHS

30-minute treatment	*THB 2,000*

Detoxing Bath

Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.

Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

Prices are inclusive of 10% service charge and 7% government tax

FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

Premium Time Defence

90-minute treatment	*THB 5,500*

A facial packed with skin renewal properties to bring out that youthful glow again. Nourish your skin with a cream mask filled with active serums and a radiance ice cube complex to reveal a visibly fresher looking complexion and reduced fine lines. Suitable for all skin types.

Banyan Brilliance

90-minute treatment	*THB 5,200*

An ultra-firming facial to plump and rehydrate the skin. Aromatic complexes and active serums boost cellular renewal while a refreshing mineral mask deeply nourishes, leaving the skin firm, smooth and brilliant. This facial concludes with a radiance ice cube complex for a lively glow. Suitable for all skin types.

Prices are inclusive of 10% service charge and 7% government tax

FACIALS

60-minute treatment	*THB 4,200*

Perfectly Purified

For Oily and Congested Skin

A deep cleansing facial featuring traditional steam and a balancing face massage. Relax with a detoxifying face and eye mask to hydrate, purify and rebalance the skin. The result is a clear and shine-free complexion.

Sheer Comfort

For Sensitive Skin

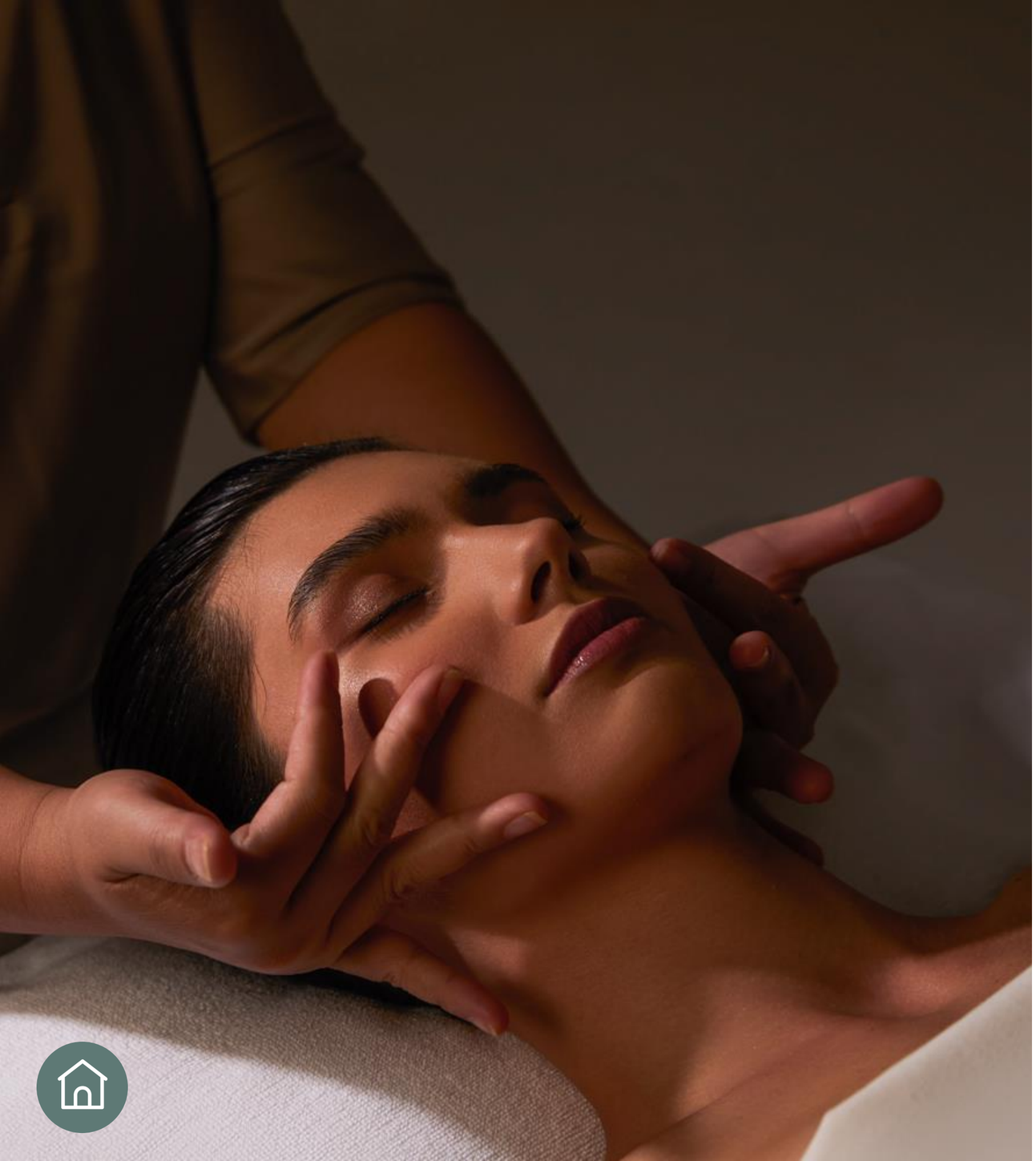
A calming treat that provides gentle comfort and soothes irritations, this facial reduces redness and dark spots with a moisturising cream mask enriched with anti-oxidising properties. Emerge from the finest Banyan Tree spa experience with a dewy, radiant complexion.

Hydro Treat

For Normal and Combination Skin

Pamper dull devitalised skin with the moisture it craves with this intensive hydrating facial. Indulge in a mineral-infused velvet cream mask, which soothes and nourishes, delivering a surge of rich comforting moisture, leaving the skin dewy and supple. Suitable for normal and combination skin.

Prices are inclusive of 10% service charge and 7% government tax



FACIALS

Banyan Facial

60-minute treatment	*THB 5,000*

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask miosturises and brightens the skin, giving the face a fresh and healthy look. Suitable for all skin types.

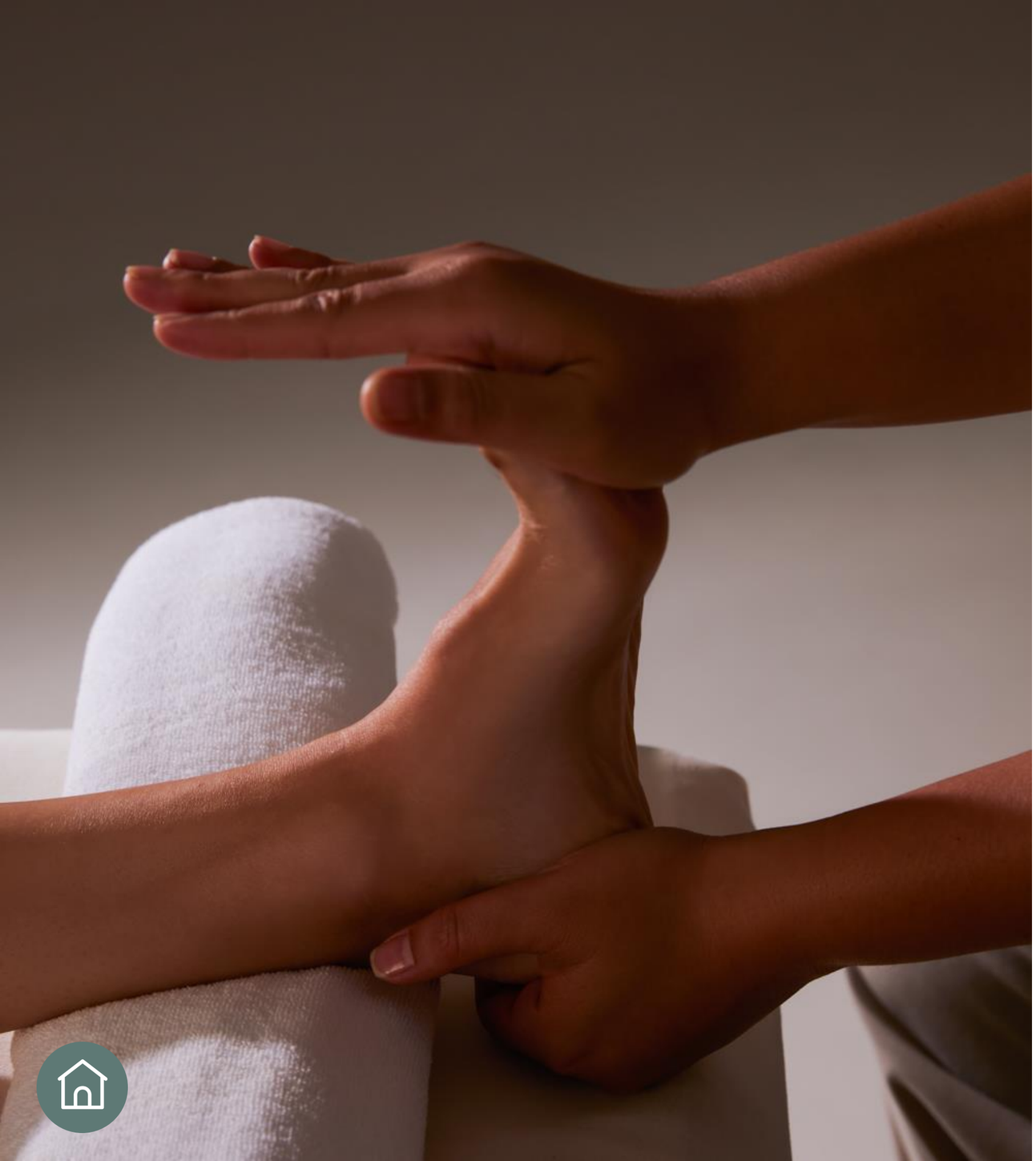
Express

30-minute treatment	*THB 2,500*

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise
or
Cleansing • Massage • Mask • Moisturise
or
Cleansing • Scrub • Massage • Moisturise

Prices are inclusive of 10% service charge and 7% government tax



HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Banyan Hand Basics

60-minute treatment	*THB 1,500*

Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturiser. Nails are trimmed and shaped to your preference.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Moisturising

Banyan Foot Remedy

90-minute treatment	*THB 4,000*

Add the spring back to your step with a well- deserved treat for your feet. Start with a thorough cleanse and scrub to remove the dead skin cells, followed by a foot massage to relieve the tension in your soles.

Foot Bath • Foot Scrub • Foot Massage

Prices are inclusive of 10% service charge and 7% government tax

HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Banyan Foot Basics

60-minute treatment	*THB 1,800*

Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Moisturising

Nail Painting

Regular Nail Polish (30-minutes)	*THB 800*
Gel Nail Polish (30-minutes)	*THB 1,400*

Brighten your day with beautifully painted nails. Enhance your hand or foot care with a neat application of nail polish.

Gel Nail Polish Removal

30-minute treatment	*THB 500*

Prep your nails for a fresh coat of vibrant colours.

Prices are inclusive of 10% service charge and 7% government tax

PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect the other guess privacy by speaking softly.

Please switch your cellular phone and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.