DAILY ACTIVITIES & EXPERIENCES

Complimentary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

TERMS & CONDITIONS

COMPLIMENTARY WATERSPORTS

The schedule is subject to availability, weather conditions, change or cancellation at the time of booking.

Terms and conditions apply. For more information, please get in touch with your Villa Host or our Reception desk.

Some symbols are used in the schedule to help guests easily distinguish the locations of entertainment activities:
[A]: Angsana Lang Co
[B]: Banyan Tree Lang Co

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Monday

FIT & FUN	**7:00 – 8:00**	TABATA WORKOUT Venue: Ballroom Garden [Max 8 pax]
CONNECT WITH LOCAL COMMUNITY	**9:25 – 11:25**	STAY FOR GOOD – ENGLISH IS FUN Venue: Banyan Tree Lobby [Max 12 pax]
PLAY & CONNECT	**9:30 – 10:30**	ARCHERY TOURNAMENT* Venue: Activity Center [Max 10 pax]
	10:00 – 11:00	FUN FRISBEE Venue: Central Lawn [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
LOCAL ARTS & CRAFTS	**11:00 – 12:00**	LOTUS PAPER MAKING Venue: Banyan Tree Lobby [Max 8 Pax]
MOVE & UNWIND	**12:00 – 13:00**	BALANCE EXERCISE Venue: Yoga Pavilion [Max 6 pax]
LOCAL ART & CRAFTS	**14:00 – 15:00**	COCONUT LEAVES ART Venue: Water Court Restaraurant [Max 8 pax]
MOVE & RESTORE	**15:00 – 16:00**	YOGA FLOW Venue: Yoga Pavilion [Max 8 Pax]
DISCOVER & CONNECT	**15:00 – 15:30**	BAMBOO DANCE Venue: Banyan Tree Lobby
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	DART TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
BREATHE & RESTORE	**17:00 – 18:00**	BACK TO BASICS Venue: Yoga Pavillion [Max 8 pax]
CREATE & EXPRESS	**17:30 – 18:30**	ORIGAMI ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Tuesday

FIT & FUN	**7:00 – 8:00**	CIRCUIT TRAINING Venue: Ballroom Garden [Max 8 pax]
CONNECT WITH LOCAL COMMUNITY	**9:25 – 11:25**	STAY FOR GOOD – ELDERLY CARE Venue: Banyan Tree Lobby [Max 4 pax]
PLAY & CONNECT	**9:30 – 10:30**	KAYAK TOURNAMENT* Venue: Activity Center [Max 10 pax]
	10:00 – 11:00	POOL TREASURE HUNT* Venue: Angsana Pool [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
SOUL HEALING CORNER	**11:00 – 12:00**	KEY CHAIN MAKING Venue: Banyan Tree Lobby [Max 8 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
MOVE & UNWIND	**12:00 – 13:00**	TAI CHI Venue: Yoga Pavilion [Max 8 pax]
LOCAL ARTS & CRAFTS	**14:00 – 15:00**	ANIMAL TOWEL FOLDING ARTISTRY Venue: Market Place Restaurant [Max 8 pax]
RELAX & ENJOY	**15:00 – 16:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
DISCOVER & CONNECT	**15:00 – 16:00**	BIRD WATCHING Venue: Angsana Bird Gallery [Max 8 pax]
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	TABLE TENNIS TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
TASTE & DISCOVER	**16:00 – 17:00**	THE ART OF VIETNAMESE TEA Venue: Rice Bar Restaurant [Min 2 pax – Max 8 pax]
CREATE & EXPRESS	**17:30 – 18:30**	ROCK PAINTING ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Wednesday

FIT & FUN	**7:00 – 8:00**	BOOTCAMP Venue: Ballroom Garden [Max 6 pax]
CONNECT WITH LOCAL COMMUNITY	**9:25 – 11:25**	STAY FOR GOOD – DISABLED CHILD CARE Venue: Banyan Tree Lobby [Max 12 pax]
PLAY & CONNECT	**9:30 – 10:30**	BADMINTON TOURNAMENT* Venue: Activity Center [Max 8 pax]
	10:00 – 11:00	TYING KNOT Venue: Moomba Lawn [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
SOUL HEALING CORNER	**11:00 – 12:00**	LUCKY BRACELET MAKING Venue: Banyan Tree Lobby [Max 8 pax]
MOVE & UNWIND	**12:00 – 13:00**	STRETCHING Venue: Yoga Pavilion [Max 8 pax]
LOCAL ARTS & CRAFTS	**14:00 – 15:00**	RECYCLED PAPER MAKING Venue: Play & Craft Hub [Max 8 pax]
RELAX & ENJOY	**15:00 – 16:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
DISCOVER & CONNECT	**15:00 – 16:00**	STILT WALKING Venue: Ballroom Lawn [Max 8 pax]
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	TABLE SOCCER TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
CREATE & EXPRESS	**17:30 – 18:30**	CALLIGRAPHY ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Thursday

FIT & FUN	**7:00 – 8:00**	CIRCUIT TRAINING Venue: Ballroom Garden [Max 8 pax]
CONNECT WITH LOCAL COMMUNITY	**9:25 – 11:25**	STAY FOR GOOD – ENGLISH IS FUN Venue: Banyan Tree Lobby [Max 12 pax]
PLAY & CONNECT	**9:30 – 10:30**	ARCHERY TOURNAMENT* Venue: Activity Center [Max 10 pax]
	10:00 – 11:00	POOL TREASURE HUNT* Venue: Angsana Pool [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
SOUL HEALING CORNER	**11:00 – 12:00**	EARRINGS CHAIN MAKING Venue: Banyan Tree Lobby [Max 8 pax]
MOVE & UNWIND	**12:00 – 13:00**	TAI CHI Venue: Yoga Pavilion [Max 8 pax]
LOCAL CULTURE	**14:00 – 15:00**	LET'S SPEAK VIETNAMESE Venue: Water Court Restaurant [Max 8 pax]
MOVE & RESTORE	**15:00 – 16:00**	BODY BALANCE Venue: Yoga Pavllion [Max 8 pax]
DISCOVER & CONNECT	**15:00 – 16:00**	BIRD WATCHING Venue: Angsana Bird Gallery [Max 8 pax]
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	TABLE TENNIS TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
BREATHE & RESTORE	**17:00 – 18:00**	POWER OF PRANA Venue: Yoga Pavilion [Max 8 pax]
CREATE & EXPRESS	**17:30 – 18:30**	ROCK PAINTING ART Venue: Play & Craft Hub [Max 6 pax]

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COMPLIMENTARY ACTIVITIES

Friday

FIT & FUN	**7:00 – 8:00**	TABATA WORKOUT Venue: Ballroom Garden [Max 8 pax]
MOVE & UNWIND	**7:15 – 8:15**	BACKCARE Venue: Yoga Pavillion [Max 8 pax]
PLAY & CONNECT	**9:30 – 10:30**	KAYAK TOURNAMENT* Venue: Activity Center [Max 10 pax]
RELAX & ENJOY	**10:00 – 11:00**	FUN FRISBEE Venue: Central Lawn [Max 8 pax]
LOCAL CULTURE	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
SOUL HEALING CORNER	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
MOVE & UNWIND	**11:00 – 12:00**	NECKLACE MAKING Venue: Banyan Tree Lobby [Max 8 Pax]
LOCAL ARTS & CRAFTS	**12:00 – 13:00**	BALANCE EXERCISE Venue: Yoga Pavillion [Max 6 pax]
RELAX & ENJOY	**14:00 – 15:00**	COCONUT LEAVES ART Venue: Water Court Restaraurant [Max 8 pax]
DISCOVER & CONNECT	**15:00 – 15:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 Pax]
MOVE & RESTORE	**15:00 – 16:00**	BAMBOO DANCE Venue: Banyan Tree Lobby
MOVE & EXPLORE	**16:00 – 16:30**	YOGA CARE Venue: Yoga Pavilion [Max 8 pax]
PLAY & CONNECT	**16:00 – 17:00**	SUP LESSON Venue: Activity Centre [Max 4 pax]
CREATE & EXPRESS	**17:30 – 18:30**	DART TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
		ORIGAMI ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Saturday

FIT & FUN	**7:00 – 8:00**	CIRCUIT TRAINING Venue: Ballroom Garden [Max 8 pax]
	9:30 – 10:30	BADMINTON TOURNAMENT* Venue: Activity Center [Max 10 pax]
PLAY & CONNECT	**10:00 – 11:00**	POOL TREASURE HUNT* Venue: Angsana Pool [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
SOUL HEALING CORNER	**11:00 – 12:00**	PHONE CHARM CHAIN MAKING Venue: Banyan Tree Lobby [Max 8 pax]
MOVE & UNWIND	**12:00 – 13:00**	TAI CHI Venue: Yoga Pavilion [Max 8 pax]
LOCAL ARTS & CRAFTS	**14:00 – 15:00**	ANIMAL TOWEL FOLDING ARTISTRY Venue: Market Place Restaurant [Max 8 pax]
RELAX & ENJOY	**15:00 – 16:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
MOVE & RESTORE	**15:00 – 16:00**	HATHA YOGA Venue: Yoga Pavilion [Max 8 pax]
DISCOVER & CONNECT	**15:00 – 16:00**	BIRD WATCHING Venue: Angsana Bird Gallery [Max 8 pax]
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	TABLE TENNIS TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
TASTE & DISCOVER	**16:00 – 17:00**	THE ART OF VIETNAMESE TEA Venue: Rice Bar Restaurant [Min 2 pax – Max 8 pax]
BREATHE & RESTORE	**17:00 – 18:00**	POWER OF NATURE Venue: Yoga Pavilion [Max 8 pax]
CREATE & EXPRESS	**17:30 – 18:30**	CALLIGRAPHY ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY ACTIVITIES

Sunday

FIT & FUN	**7:00 – 8:00**	BOOTCAMP Venue: Ballroom Garden [Max 6 pax]
MOVE & UNWIND	**7:15 – 8:15**	HATHA YOGA Venue: Yoga Pavillion [Max 8 pax]
PLAY & CONNECT	**9:30 – 10:30**	ARCHERY TOURNAMENT* Venue: Activity Center [Max 8 pax]
	10:00 – 11:00	TYING KNOT Venue: Ballroom Foyer [Max 8 pax]
RELAX & ENJOY	**10:00 – 11:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
LOCAL ARTS & CRAFTS	**11:00 – 12:00**	INCENSE MAKING Venue: Banyan Tree Lobby [Max 8 pax]
LOCAL CULTURE	**11:00 – 12:00**	A GUIDE TO VIETNAMESE COFFEE PHIN FILTER DRIP COFFEE Venue: Market Place Restaurant [Max 8 Pax]
MOVE & UNWIND	**12:00 – 13:00**	STRETCHING Venue: Yoga Pavillion [Max 8 pax]
LOCAL ARTS & CRAFTS	**14:00 – 15:00**	RECYCLED PAPER MAKING Venue: Play & Craft Hub [Max 8 pax]
RELAX & ENJOY	**15:00 – 16:30**	KIDS' MOVIE TIME Venue: Kids Club [Max 10 pax]
MOVE & RESTORE	**15:00 – 16:00**	TOPSY TURVY Venue: Yoga Pavilion [Max 8 pax]
DISCOVER & CONNECT	**15:00 – 16:00**	STILT WALKING Venue: Ballroom Lawn [Max 8 pax]
MOVE & EXPLORE	**16:00 – 16:30**	SUP LESSON Venue: Activity Centre [Max 4 pax]
PLAY & CONNECT	**16:00 – 17:00**	TABLE SOCCER TOURNAMENT* Venue: Ballroom Foyer [Max 10 pax]
CREATE & EXPRESS	**17:30 – 18:30**	ROCK PAINTING ART Venue: Play & Craft Hub [Max 6 pax]

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS

COMPLIMENTARY WATERSPORTS

Kayak	20 mins
Stand-Up Paddleboard	20 mins
Archery	15 mins
Viet Nam Basket Boat	10 mins
Bocce ball	20 mins
Croquet	20 mins
Boogie Board	20 mins
Tennis Court 8:30 – 17:00	1 hour
Badminton Court 8:30 – 17:00	1 hour
Mini Football	30 mins

- Booking in advance is required and subject to availability
- Some activities are subject to weather and sea conditions
- One booking per activity for each villa at a time. The following booking can be made once the previous booking is finished
- Cancellation is required one hour in advance
- No-show at the pre-booked activity or cancellation with less than one hour notice will cause a charge of the activity's price
- Please reach out to your Villa Host for bookings and changes

NEW UPDATE: PICKLEBALL COURTS ARE NOW AVAILABLE

- 8:30 – 17:00: Complimentary for 1 hour per booking, per court, including paddles & ball
- 17:00 – 20:00: VND 450,000 net per court per hour, including paddles & ball

Terms and Conditions

- Activities marked with * will come with a prize for the winner
- Play & Craft Hub is available from 8:00 to 19:00
- Boardgames are available at the Ballroom Foyer or at your preferred location
- All activities require 3 hours of booking in advance and are subject to availability
- Cooking Classes require 24 hours of booking in advance with confirmed dishes
- For more information or reservations, please contact Front Desk or your Villa Host

Please tap the button "MORE DETAILS" for more information of the activities.

MORE DETAILS