



BANYAN TREE

SPA

MACAU

澳门悦榕SPA



## BANYAN TREE SPA MACAU

### STEP INTO A SANCTUARY FOR THE SENSES

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

**Sense of Tranquility:** Calm your mind and draw in the tranquillity of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Enjoy the difference.

# PLEASE TAKE A MOMENT TO READ THIS

## **Etiquette**

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

## **Calm Time**

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

## **Check-in**

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

## **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

## **Smoking and Alcohol**

Smoking and the consumption of alcohol within the spa are prohibited.

## **Cancellation Policy**

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

## **Refund Policy**

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

## **Gift Certificates**

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

## **Disclaimer**

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



**BANYAN SIGNATURES**

**TIME-HONOURED TRADITIONS**

**TAILORED FOR YOUR SENSES**

**PURPOSEFUL THERAPIES**

**FULL BODY MESSAGES**

**FUSION FOCUS**

**BODY SCRUBS**

**BODY CONDITIONERS**

**CALMING BATHS**

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**HAND & FOOT TREATMENTS**

**BANYAN HAIR BASICS**



## BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

### Royal Banyan

	Standard	Off-Peak
150-minute treatment	MOP3,200++	MOP3,000++

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath



Off-Peak: Mondays to Thursdays (excluding blackout dates)  
Prices are inclusive of prevailing 10% service charge and 5% government tax.



## BANYAN SIGNATURES

### Sense of Place – Banyan Hot Stones

150-minute treatment	Standard MOP3,200++	Off-Peak MOP3,000++
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Heated stones are soothingly massaged over the body along with the use of warm Clarity Oil to exert pressure on energy points. Its powers are beneficial for smoother flow of Qi and discharge of toxins from your body. Complete the treatment with a nourisher using fresh milk and pumpkin to leave your skin soft and smooth.

Hot Stones Massage • Foot Massage • Pumpkin Nourisher



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## BANYAN SIGNATURES

### Master Therapist Experience

90-minute treatment	Standard MOP2,400++	Off-Peak MOP2,250++
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Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customizing a package best suited to meet his or her needs.



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## TIME-HONoured TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

### Chinese Traditions

	Standard	Off-Peak
90-minute treatment	MOP1,900++	MOP1,700++

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

### Indian Traditions

	Standard	Off-Peak
90-minute treatment	MOP2,400++	MOP2,250++

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage •  
Shirodhara • Lepamam • Steam Bath

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# TIME-HONoured TRADITIONS

## Indonesian Traditions

	Standard	Off-Peak
120-minute treatment	MOP2,400++	MOP2,250++

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath

## Thai Traditions

	Standard	Off-Peak
120-minute treatment	MOP2,400++	MOP2,250++

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Herbal Enhancer • Ginger Refresher • Thai Herbal Heat Treatment • Thai Classic Massage • Aromatic Ginger Bath

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# TAILORED FOR YOUR SENSES

	Standard	Off-Peak
90-minute treatment	MOP1,900++	MOP1,700++
120-minute treatment	MOP2,400++	MOP2,250++
150-minute treatment	MOP3,000++	MOP2,800++

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

## For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

## For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*\*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.*



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# PURPOSEFUL THERAPIES

	Standard	Off-Peak
90-minute treatment	MOP1,900++	MOP1,700++

Different from the other classic massages, these four purposeful therapies go even further by giving particular focus on our guest's physical and mental state to deliver a truly holistic wellbeing experience.

## Restorative Detox

This massage stimulates the body's circulatory system with kneading movements around the lymph nodes. Pressure point techniques are combined with the application of deep and firm pressure to stimulate the lymphatic system and promote the removal of toxins inside the body.

***Includes:*** detox herbal foot pad • cinnamon & coriander warm oil • kneading & pumping massage technique

## Sleep Essentials

A unique ritual that combines different evidence-based techniques and approaches to bring the mind and body to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. Enjoy sleep enhancing scents and warming herbal pouch and other five senses elements as your therapist guides you through a calming journey to peacefulness. This experience may be extended for a longer session, to promote further relaxation.

***Includes:*** hand & feet heated herbal pad • binaural music • sleep enhancing massage oil • long stroke massage technique



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## PURPOSEFUL THERAPIES

	Standard	Off-Peak
90-minute treatment	MOP2,000++	MOP1,800++

Different from the other classic massages, these four purposeful therapies go even further by giving particular focus on our guest's physical and mental state to deliver a truly holistic wellbeing experience.

### Mobility Stretch

Daily stress causes chronic tension of the limbs and muscles. This therapy utilises extended stretch works so as to ease physical strain and tension, and improve the body's mobility and flexibility. It is an ideal treatment for post-exercise recovery.

***Includes:*** *extended stretching technique*

### Urban Relief

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reduce muscle stiffness by combining trigger points and myofascial massage techniques.

***Includes:*** *trigger point acupressure technique • light stretching technique • hand heated herbal pad • warm clarity oil*



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## FULL BODY MASSAGES

	Standard	Off-Peak
75-minute treatment	MOP1,620++	MOP1,430++
90-minute treatment	MOP1,740++	MOP1,650++

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

### Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

### Deep Tissue

A medium to strong deep pressure massage which minimizes recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

### Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

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## FULL BODY MASSAGES

	Standard	Off-Peak
75-minute treatment	MOP1,620++	MOP1,430++
90-minute treatment	MOP1,740++	MOP1,650++

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

### Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

	Standard	Off-Peak
90-minute treatment	MOP1,900++	MOP1,700++

### Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.



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## FUSION FOCUS

	Standard	Off-Peak
30-minute treatment	MOP800++	MOP700++

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

### **Back Reviver**

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

### **Foot Release**

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

### **Hand Relax**

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

### **Head & Shoulders Reliever**

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

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## BODY SCRUBS

	Standard	Off-Peak
30-minute treatment	MOP800++	MOP700++

### **Apple Green Tea Polisher**

*for All Skin Types & Sensitive Skin*

Natural apple acids rich in vitamin C perform as a gentle cleanser while green tea powder nourishes the skin with its anti-oxidant and calming properties. The catechin in green tea energizes your skin cells, leaving your skin soft and smooth after this refreshing renewal experience.

### **Rose Roselle Cleanser**

*for All Skin Types*

The high concentration of rose essence makes this scrub the perfect remedy cleanser. Two botanical beauty queens, rose and roselle, team up as nature's most effective antioxidant powerhouse. Together they can invigorate your skin cells, resulting in soft, smooth skin, while the floral fragrance puts you in a blissful state of tranquility.

### **Ginger Lemon Refresher**

*for Oily Skin*

The warming effect of fresh ginger, together with the antioxidant properties of lemon acid, makes this body scrub a refreshing and deeply purifying experience. This effective cleanser will reignite skin radiance, while the stimulating scent of citrus and ginger offers the best stress relief.

### **Honey Pearl Brightener**

*for Dried Skin*

Achieve that luminous sheen on your skin with this nourishing scrub of pearl powder. Pearl has been used for centuries for improving skin tone and promoting skin cell growth. Honey acts as a natural humectant, keeping your skin moist while brightening your skin tone.



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## BODY CONDITIONERS

	Standard	Off-Peak
30-minute treatment	MOP800++	MOP700++

### **Aloe Lavender Healer**

*for All Skin Types & Sensitive Skin*

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

### **Chrysanthemum Enhancer**

*for All Skin Types*

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

### **Honey Avocado Healer**

*for All Skin Types*

The highly moisturizing honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

### **Lemon Mask**

*for All Skin Types*

Uplift your senses with the zesty lemon as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.



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## CALMING BATHS

	Standard	Off-Peak
30-minute treatment	MOP800++	MOP700++

### Detoxing Bath

Relax your senses with a salt bath, an all-time favorite for centuries. Citrus fruits are added for extra zest.

### Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturizing bath.

### Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

### Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.



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## FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

### Pure Revitaliser

90-minute treatment	Standard MOP2,400++	Off-Peak MOP2,200++
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This is the ultimate facial indulgence to reduce fine lines and restore luminosity to the skin. A gentle peel containing Glycolic acid is applied before a triple facial lifting concentrate is performed actively to revitalize and deeply hydrate the skin. A significant mask to visibly pump up the skin and lighten pigmentation completes the ritual.

Off-Peak: Mondays to Thursdays (excluding blackout dates)

Prices are inclusive of prevailing 10% service charge and 5% government tax





## FACIALS

	Standard	Off-Peak
60-minute treatment	MOP1,360++	MOP1,200++

### **Gold** *for Normal/Combination Skin*

An ideal treatment to soften and nourish the skin, leaving you with healthy-looking complexion. Infused with pineapple extracts, the high levels of Vitamin A and C refreshed vitality to your face.

### **Wood** *for Matured Skin*

Experience an instant glow with firmer-looking skin after this facial. A moisturising mask formulated with green algae contains active ingredients, which penetrates easily to offer your face a lifting boost.

### **Fire** *for Oily Skin*

Feel the freshness in your skin as this facial deeply cleanses while reducing impurities and sebum. A purifying mask encourages the oxygen intake of the skin to restore moisture and radiance.

### **Earth** *for Devitalized Skin*

Enriched with pure Vitamin C, this restorative experience is specially developed to lighten the skin and stimulate collagen production. A zestful mask enhances skin clarity, brightening and revitalizing the face.



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## FACIALS

### Express

30-minute treatment	Standard MOP800++	Off-Peak MOP700++
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Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise

OR

Cleansing • Scrub • Massage • Moisturise

Off-Peak: Mondays to Thursdays (excluding blackout dates)  
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## HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

### Banyan Hand Basics

60-minute treatment	Standard MOP700++	Off-Peak MOP600++
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Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturiser. Nails are trimmed and shaped to your preference.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Moisturising

### Banyan Foot Basics

60-minute treatment	Standard MOP700++	Off-Peak MOP600++
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Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Moisturising

### Nail Painting

30-minute treatment	Standard MOP200++	Off-Peak MOP150++
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Brighten your day with beautifully painted nails. Enhance your hand or foot care with a neat application of nail polish.

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## BANYAN HAIR BASICS

\*Hair longer than shoulder length is considered long hair

Ladies' Hair Cut	Standard	Off-Peak
Short	MOP500++	MOP420++
Medium	MOP580++	MOP480++
Long*	MOP620++	MOP520++
Men's Hair Cut	MOP480++	MOP380++
Children's Hair Cut	MOP280++	MOP200++
Hair Wash & Blow Dry		
Short	MOP420++	MOP350++
Medium	MOP480++	MOP380++
Long*	MOP500++	MOP420++
Additional Hair Care:		
Hair Mask		
30-minute	MOP900++	MOP800++
Scalp Massage		
30-minute	MOP800++	MOP700++

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