

ENGLISH

Spa Menu





BANYAN TREE SPA CABO MARQUÉS

STEP INTO A SANCTUARY FOR THE
SENSES

Going back to basics, where wellness is simply about embracing the nature and surrendering to the art of human touch are what our Founder and Executive Chairman, Mr. Ho Kwon Ping had in mind when he first started the spa.

These ideals became the cornerstones of Banyan Tree Spa, pioneer of the tropical garden spa concept. Over the years, the intuitive touch of our spa therapists, the seamless blend of serenity with exotic sensuality and the beauty of the natural environment have come to define the award-winning Banyan Tree Spa experience.

Enjoy the difference.



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BANYAN SIGNATURES

Royal Banyan

150-minute treatment

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

- Coriander Cucumber Cleanser
- Banyan Herbal Pouch Massage
- Jazmin Rice Face Massage
- Therapeutic Herbal Bath

Sense of Place - Mexican Healer

120-minute treatment

Inspired by local traditions, Banyan Tree Spa Cabo Marques brings you the benefits of coconut in combination with honey, making this mixture the perfect balm to nourish skin with vitamin E and leave it radiant. Continue to pamper your body and relax the muscles with the choice of one of our body massage therapies and perfect the experience by focusing on your feet with a massage specially dedicated to them.

- Coconut & Honey Conditioner
- Choice of Massage
- Foot Massage

Master Therapist Experience

90-minute treatment

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customizing a package best suited to meet his or her needs.

We seek your understanding that only selected treatments will be made available for the time being and a spa treatment specially tailored for your needs will be offered. This is to ensure the wellbeing and safety of both our guests and associates.

Prices included and 16% government tax.





TAILORED FOR YOUR SENSES

90-minute treatment
120-minute treatment
150-minute treatment

Create your very own spa experience with favorites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

- 60-minute Body Massage
- 90-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Fusion Focus Massage
- 60-minute Manicure or Pedicure

**For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.*

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TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets to wellness and beauty.

THAI

120-minute treatment

The therapeutic stretching of the massage alleviate internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs.

- Ginger Scrub
- Thai Herbal Heat Treatment
- Thai Classic Massage
- Aromatic Bath Tub

INDONESIAN

120-minutes treatment

Practiced in the palaces of Central Java, you can now indulge in bliss fit for your royalty. The deep tissue Balinese massage using strong, firm strokes, dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients to awaken senses.

- Balinese Massage
- Lulur Purifier
- Yoghurt Body Splash
- Fresh Milk Nourisher
- Rose Bath Tub

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TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets to wellness and beauty.

CHINESE

90-minute treatment

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

- Oriental Massage
- Oriental Head Massage

INDIAN

120-minutes treatment

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

- Ayurvedic Massage
- Chakra Head Massage
- Shirodhara
- Lepanam Scrub

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BANYAN DAY

Looking for a full day of pampering? This experience features signature therapies for a renewal. Enjoy a complete service top to toe. Revitalising Spa treatments, wholesome Spa cuisine and dedicated care.

Option One:
Only treatments

Option Two:
Treatments & Lunch

Morning

Choice of Body Scrubs	30 min
Choice of Body Conditioner	30 min
Thai Essence Massage	60 min

Lunch

Spa Cuisine

Afternoon

Choice of Body Massages	60 min
Choice of compliments (Hand or Foot)	60 min

Prices included 16% government tax.



Spa Cuisine



FULL BODY MASSAGES

60-minute treatment

90-minute treatment

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimizes recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, and the elderly.

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FULL BODY MASSAGES

60-minute treatment

90-minute treatment

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

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For reservations: ext. 7405 or
WhatsApp 744 3557647
Spa-CaboMarques@banyantree.com





FUSION FOCUS

30-minute treatment

45-minute treatment

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturize skin.

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

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BODY SCRUBS

30-minute treatment

Apple Green Tea Polisher

for All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

for Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Lime Refresher


for Normal & Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

for All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.



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BODY CONDITIONERS

30-minute treatment

Aloe Lavender Healer

for All Skin Types & Sensitive Skin

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Honey Avocado Healer

for All Skin Types

The highly moisturizing honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Lime Mask

for All Skin Types

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

Chrysanthemum Enhancer

for All Skin Types

A nutritious mix of dried chrysanthemum, honey & lemon juice provides a moisturizing treatment to revitalize the skin. These ingredients are blended with protein-rich soya milk for extra benefits.

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FACIALS

Indulge in our luxurious facial treatments that leave your skin glowing with refreshed vitality

Revitalize *(Anti-Aging)*

90-minute treatment

Experience an instant glow with firmer-looking skin after this facial that promotes the improvement of skin collagen and cell renewal. A soft cleansing followed by revitalizing and firming mask completes the experience.

Anti-Oxidant *(Illuminating)*

60-minute treatment

A revitalizing anti-oxidant facial that deeply focuses on protecting the skin from environmental pollutants while providing exceptional firmness. A gentle exfoliation followed by a vitamin C concentrate provide maximum hydration leaving the skin with an instant glow.

Radiant *(Oxygenating)*

60-minute treatment

A blissful treat to the face. This facial encourages the oxygen intake of the skin to restore radiance and effectively lighten pigmentation and dark spots. An oxygen firming mask helps to alleviate fatigue and stressed skin, bringing about a clearer and radiant looking glow.

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FACIALS 60 MNS

Renewal (Moisturising)

60-minute treatment

Experience an instant glow with firmer-looking skin after this facial. A steam detox ritual is performed before a rich application of nourishing moisturizer containing isoflavones, which promotes the improvement of skin collagen and renewal of skin cells. A revitalizing and firming mask completes the experience.

Soothing (Sensitive Skin)

60-minute treatment

Suitable for the most delicate skin, this hypoallergenic and paraben-free nurturing facial effectively calms irritated skin while deeply nourishing and stimulating the skin's defense mechanisms.

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HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Basic Manicure

60-minute treatment

Keep your hands and nails in the best condition with this beautifying regime which concludes with a rich moisturizer.

- Hand Bath
- Hand Scrub
- Nail Maintenance
- Hand Moisturising

Basic Pedicure

60-minute treatment

Give your feet the attention they deserve. Start with a foot bath for a thorough cleansing and a foot scrub to slough off dead skin. Then, nails are trimmed.

- Foot Bath
- Foot Scrub
- Nail Maintenance
- Foot Moisturising

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BANYAN DAY CUISINE

Starters

Triguero asparagus and green beans salad
*Organic "mollet" egg, wild baby arugula
& meyer lemon preserve vinaigrette.*

Pacific salmon sashimi in citrus and
fresh dill marinated
Avocado mouse, fennel bulb petite salad.

Main Courses

Grilled fish of the day
*Vierge vinaigrette, wild arugula and
organic olive oil.*

Roasted baby chicken
*Fresh spinach leaves and fresh herbs
salad.*

Roasted pekin duck magret with organic
honey
*Steamed rice with Japanese mushrooms and
nira-grass tempura & oyster juice.*

Desserts

Cold soup of citrus fruits
Scent mint herb, ginger and lemongrass

Poached strawberry
*Raspberry sorbet, scent Sichuan
peppercorn*





SAFETY & HEALTHY MEASURES

For your safety and wellbeing we have new regulations.

Operation hours

Monday - Sunday 09:00 - 17:00 hrs.

Treatments

- Only selected treatments.
- Couple massages
- Reservations in advance

Arriving to the Spa

- Show up 30 minutes before your treatment
- Wear face mask
- Health form must be filled out at the reception.
- Avoid bringing personal belongings (jewelry, extra clothes, hand bags, watch, wallets, cell phones).
- A quick shower is required before your treatment.

Due to the current health and safety policies, our Spa will be temporary unavailable for guests with the following conditions:

Flu, cough, temperature, diabetes, cancer or any other critical health conditions. This apply for pregnancy, underage and elderly persons too.

Thank you for helping us to take care of our guests and associates.

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PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 20 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Smoking, Food & Beverage

It's not allowed smoking and the consumption of food or beverage within the Spa.

**Extremely prohibited*

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.