



SPA

MENU



BANYAN TREE  
BINTAN



BANYAN TREE  
BINTAN

SANCTUARY

FOR

THE SENSE

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award winning Banyan Tree Spa experience

### **Sense of Tranquillity :**

Calm your mind and draw in the tranquillity of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Leave the cares of the world behind as you enjoy an herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference



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## PLEASE TAKE A MOMENT TO READ THIS

### **Etiquette**

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

### **Calm Time**

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

### **Check-in**

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### **Smoking and Alcohol**

Smoking and the consumption of alcohol within the spa are prohibited.

### **Cancellation Policy**

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### **Refund Policy**

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non exchangeable for another time.

### **Gift Certificates**

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

### **Disclaimer**

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

# BANYAN

# SIGNATURE

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

## Banyan Royal

150-minute treatment

Weekends : IDR 2,730 ++ per person

Weekdays : IDR 2,560 ++ per person

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other

**Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath**

## Sense Of Place

120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

We have taken a unique traditional ingredient from Indonesia and transformed into a complete range of beauty treats that will leave you feeling refreshed and rejuvenated. Our body treatments will give you a healthy glow and provide an indulging experience inspired by the Indonesian archipelago.

Drawing from the firm traditions of Indonesian therapy, our massage technique will transport you to a place of deep relaxation. Meanwhile, our facial massage, which uses spoons made from coconut shells, will work wonders on your facial muscles. The result is a truly rejuvenating experience that will leave your face looking and feeling its best.

**Avocado Conditioner & Coconut Splash • Nusantara Massage • Mini Facial**

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# TIME-HONOURED

# TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty

## **Indonesia Traditions** 120-minute treatment

**Weekends : IDR 2,230 ++ per person**  
**Weekdays : IDR 2,070 ++ per person**

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

**Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath**

## **Thai Traditions** 120-minute treatment

**Weekends : IDR 2,230 ++ per person**  
**Weekdays : IDR 2,070 ++ per person**

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

**Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer • Thai Classic Massage • Aromatic Ginger Bath**

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# TAILORED

# FOR

# YOUR SENSE

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

## 90-minute treatment

Weekends : IDR 1,750 ++ per person

Weekdays : IDR 1,650 ++ per person

## 120-minute treatment

Weekends : IDR 2,230 ++ per person

Weekdays : IDR 2,070 ++ per person

## 150-minute treatment

Weekends : IDR 2,730 ++ per person

Weekdays : IDR 2,560 ++ per person

## For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial

## For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial

*Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.*

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# PURPOSEFUL

# THERAPY

A new range of body works with scientific techniques and methods that promote health. Each treatment helps to alleviate modern lifestyle issues, such as lack of quality sleep, extensive work hours and living in cities.

## 60-minute treatment

Weekends : IDR 1,250 ++ per person

Weekdays : IDR 1,150 ++ per person

## 90-minute treatment

Weekends : IDR 1,600 ++ per person

Weekdays : IDR 1,400 ++ per person

## Restorative Detox

This massage stimulates the body's circulatory system by kneading movements around the lymph nodes beneath the skin. Pressure point techniques combined with a deep and firm pressure to stimulate blood flow and promote the body's removal of waste and toxins.

## Mobility Stretch

Daily stress causes chronic tension in the limbs and muscles. This therapy utilises extended stretch movement so as to ease physical strain and tension, and improve the body's mobility and flexibility. It is an ideal treatment for post-exercise recovery.

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# FULL

# BODY

# MASSAGE

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects

## 60-minute treatment

Weekends : IDR 1,050 ++ per person

Weekdays : IDR 935 ++ per person

## 90-minute treatment

Weekends : IDR 1,400 ++ per person

Weekdays : IDR 1,225 ++ per person

### Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

### Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

### Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

### Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

### Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

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# FUSION

## FOCUS

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

### 30-minute treatment

Weekends : IDR 680 ++ per person

Weekdays : IDR 600 ++ per person

### 45-minute treatment

Weekends : IDR 800 ++ per person

Weekdays : IDR 700 ++ per person

#### Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

#### Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

#### Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

#### Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

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**BODY**

**SCRUBS**

## 30-minute treatment

Weekends : IDR 680 ++ per person

Weekdays : IDR 600 ++ per person

### Apple Green Tea Polisher

*For All Skin Types & Sensitive Skin*

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

### Ginger Lemon Cleanser

*For Oily Skin*

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

### Kieffer Lime Refresher

*For Normal & Oily Skin*

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

### Turmeric Honey Cleanser

*For All Skin Types*

Fresh lime peels gives a delightful scent and acts as an known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

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# BODY

# WRAPS

## **30-minute treatment**

Weekends : IDR 680 ++ per person

Weekdays : IDR 600 ++ per person

### **Chrysanthemum Enhancer**

*For All Skin Types*

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

### **Honey Avocado Healer**

*For All Skin Types*

The highly moisturising honey and creamy avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

### **Kieffer Lime Mask**

*For All Skin Types*

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

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# FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

## 60-minute treatment

Weekends : IDR 1,260 ++ per person

Weekdays : IDR 1,115 ++ per person

### Banyan Facial

*For All Skin Types*

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.

### Absolute Purifier

*For Combination/Oily Skin*

This revitalising facial restores the skin's moisture balance and regulates sebum production without drying the skin. The skin appears softer and smoother as enlarged pores are tightened.

### Hydrating Glow

*For Dry/Normal Skin*

Dry skin is instantly hydrated with a moisturising mask. This vitamin-rich treatment keeps the skin soft and supple with a youthful glow.

### Radiant Soother

*For Sensitive Skin*

Suitable for delicate skin, this facial provides gentle comfort and reduces irritation. The soothing mask restores the skin's moisture level, leaving the skin naturally radiant and healthy.

## Express 30-minute treatment

Weekends : IDR 760 ++ per person

Weekdays : IDR 675 ++ per person

Create a blissful treat for your face; select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion

Cleansing • Scrub • Mask • Moisturise OR Cleansing • Massage • Mask • Moisturise OR Cleansing • Scrub • Massage • Moisturise

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**THANK YOU**